Within 3 Years of Enrollments, highest numbers of major switch:

- 52% of Math Majors
- 40% Life Science Majors
- 37% Education Majors
- 36% Humanities Majors

U.S. Department of Education’s Data Point newsletter in December, 2017
3 Largest UCR Majors in 2018:

- Biology
- Psychology
- Business
BEWARE OF JOB FRAUD
Learn the red flags to look out for in your job search.

- They’re asking you to shop for them.
- You have to send them money.
- The job sounds too good to be true.
- The job they offer isn’t the one you applied for.
- They won’t meet you in person.
- You can’t verify their information.
- They’re asking for personal information.
- You’ll be working from home.

Learn more about job fraud and how to protect yourself at careers.ucr.edu or contact a career counselor today.

UCR Career Center
CAREERS.UCR.EDU • (951) 827-3631
#UCRCareerReady
MAKING A MAJOR DECISION

Resources, tips
Fact or Myth # 1

Making a decision on your major as soon as possible helps you focus on your studies and makes your college experience more satisfying.

Myth
Fact

Early major choice is associated with:
• More frequent major change

80% of students change their major at least once

Major exploration can lead to:
• Knowledge of all the options
• Identifying a major that fits interests and skills

Fact or Myth # 2

Students with non-technical majors have trouble finding jobs because they don't have any marketable skills.

Myth
Fact

According to the 2014 study on Liberal Arts and Employment:

“93% of employers agree that candidates’ demonstrated capacity to think critically, communicate clearly, and solve complex problems is more important than their undergraduate major.”

-Association of American Colleges and Universities

Employers value non-technical majors and their broad knowledge
Career Decision Making Model

**Know Yourself**
Identify your values, interests, personality type, skills and strengths.

**Explore Options**
Research career options.

**Gain Experience**
Reality-test fields of interest.

**Take Action**
Further develop your skills, network and job search strategy.
The first step in making a career decision is to identify your values, interests, personality type and skills.

These important “who am I?” pieces will help you generate career ideas that may be a good fit.
Assessment Tools Available Through Career Center

- Strong Interest Inventory
- Myers Briggs Type Indicator
- Focus 2 (on Handshake)
- Career Leader ($20 Fee)
Assess: Who Am I?

- Personality
  - Creative
  - Persuasive
- Interests
  - Travel
  - Health
- Values
  - Continual Learning
  - Helping Others
  - Collaboration
- Skills
  - Leadership
  - Public Speaking

Jonathon
Activity: Quick Self-Assessment
Assess: Focus 2

careers.ucr.edu → UCR Handshake → Resource → Focus 2

Access Code can be found on Handshake
First time user, please create your account here!
Welcome!
University of California Riverside
Let's get started developing your personalized career and education plans!

My Career Planning Readiness
START

My Academic Strengths
START

Self Assessment
Discover majors and occupations that match your personal attributes

Work Interest Assessment
START

Values Assessment
100%

Personality Assessment
100%

Skills Assessment
100%

Leisure Assessment
100%

Combine Assessments
4/5 Completed

Explore the Possibilities
Use these tools for ongoing career and education exploration
Your Results

Your Personality Type

- You focus your attention on the exploration of new ideas that can lead to improvements that can benefit people.
- Your approach to new projects is to be open minded, flexible and committed to the project goals.
- You like to work with other people who share your values and interests.
- You are enthusiastic, spontaneous, and strive for perfection in subjects that appeal to you.

Choosing Your Career:

People with your personality type are attracted to occupations that can make a contribution to society, help other people, and improve the knowledge and the well-being of others. Examples of such occupations are found in the fields of teaching, counseling, health sciences, literature, art and psychology.

CONTINUE
Personality Assessment

Your Results

Open Minded, Enthusiastic, Observant, Creative, Spontaneous

Filter Results

Occupations Matching Your Results

<table>
<thead>
<tr>
<th>OCCUPATION</th>
<th>SUPPORTING MAJORS/PROGRAMS AT UNIVERSITY OF CALIFORNIA-RIVERSIDE</th>
<th>NATIONAL MEDIAN SALARY</th>
<th>JOB FAMILY</th>
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<tbody>
<tr>
<td>ACADEMIC ADVISOR</td>
<td>Education</td>
<td>$55,030.00</td>
<td>Community &amp; Social Service</td>
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<tr>
<td></td>
<td>Visual and Performing Arts</td>
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<td></td>
<td>Dance</td>
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<td>Theater and Drama</td>
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<td>Film/Cinema Studies</td>
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<tr>
<td></td>
<td>Music</td>
<td></td>
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<tr>
<td>ACTOR/ACTRESS</td>
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<td>$74,817.00</td>
<td>Arts, Entertainment, Sports, &amp; Media</td>
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<td>Visual and Performing Arts</td>
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<td>ADMISSIONS COUNSELOR</td>
<td>Education</td>
<td>$36,500.00</td>
<td>Community &amp; Social Service</td>
</tr>
</tbody>
</table>
Explore: Major = Career?

Career Specific
- Accounting, Engineering, Nursing

Industry Related
- Business Administration, Arts, Theater, Music

Non Career Specific
(Major and Career related by Interest and Skills)
- Sociology, Psychology, Mathematics, Art History
Explore: Ask Questions

✓ Talk to...
  - Academic Advisors
  - Faculty
  - 3\textsuperscript{rd}/4\textsuperscript{th} Year Students
  - Student Orgs
  - Grad Students
  - Alumni
  - Career Counselors

✓ Look for ways to combine interests through your choice of major(s), minor(s) and areas of concentration

✓ Think about the skills/experiences you would like to gain to complement your major
### Add to Your Tool Box

#### NACE Job Outlook 2018: Top 10 Qualities/Skills

<table>
<thead>
<tr>
<th>1. Problem Solving</th>
<th>6. Analytical/Quantitative Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Ability to work in a team</td>
<td>7. Communication Skills (Verbal)</td>
</tr>
<tr>
<td>3. Communication Skills (Written)</td>
<td>8. Initiative</td>
</tr>
<tr>
<td>4. Leadership</td>
<td>9. Detail Oriented</td>
</tr>
<tr>
<td>5. Strong Work Ethic</td>
<td>10. Flexibility/Adaptability</td>
</tr>
</tbody>
</table>

NACE: National Association of Colleges & Employers
What resources are available??
Career Center Resources

- Drop-in hours
- Individual counseling
- Assessments – Focus 2, MBTI, SII, Career Leader
- Occupational Information – Workshops, Panels and Information Sessions, Career Center Library, Career Insider
- Internship information
- Career Center – Careers in Your Major
Exploration Resources

- Course Catalog
  Upper Division Courses
- ONET (Occupational Information Network)
  http://online.onetcenter.org
- OOH (Occupational Outlook Handbook)
  http://www.bls.gov/ooh
Career Development Programs

UCR’s Career Center offers a variety of programs to assist all students on their career path, providing guidance on resume writing, job searching and interviewing. The Career Center also provides specialized programming for underrepresented student groups, including first-generation college students, undocumented students and student veterans.

Guiding You to Career Success

ASPIRE — Abilities-focused Student: Planning, Informing, Resource building, Exploring, employment — is a career-development and professional-leadership program focused on the enhancement and exploration of career skills and transferable life skills for undergraduate students.

Handshake

UCR Handshake replaced SCOTLinc as of July 1st, 2018. Please log in to create your profile.
ASPIRE (Abilities-focused Students: Planning, Informing, Resource building, Exploring employment)

The Butterfly Project (A partnership between the Career Center and Undocumented Student Programs)

Get HIRED (Help International students Reach Employment Destinations)

Internship Success Program

Operation VETS (Veteran, Employment, Transition, Success)

ORBITS (Obtain Resources, Become Informed, Target Success)
More Questions??
Connect. Inspire. Empower.

Hours:
Mon. - Fri. 8 am to 5 pm except Wed. 9 am to 5 pm

Drop-In Hours:
Mon. - Thurs. 10 am-3pm
Fri. 10 am-12 pm

Come See Us!

UCR Career Center
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