Thoughtfully choose a major, if you haven’t already, or change the one you have if it isn’t a good fit. Think about how your major will complement your interests, skills, and career goals. Be confident about your decision.

- Take a career assessment. Go to careers.ucr.edu then select Resources and Career Planning.
- Attend a Choosing a Major workshop.
- Explore UCR academic websites.
- Meet with your academic adviser.
- Make an appointment with a career counselor by calling (951) 827-3631, stopping by the Career Center, or online through your UCR Handshake account.

Explore your career options. Start by looking at who you are and what you like. What interests you? What skills come naturally to you? What issues tug at your heart? What topics intellectually stimulate you? What values do you hold? The answers will help you focus on related career options.

- Meet with a career counselor to help you connect with career ideas. Schedule an appointment by calling (951) 827-3631.
- Take a career assessment such as the Focus 2, Strong Interest Inventory, Myers Briggs Type Indicator, or CareerLeader. Meet with a career counselor to choose one for your needs.
- Pick up a Career Center calendar and circle Information Sessions, Career Fairs, and Job Discovery Series events. Attend as many as you can to increase your exposure to different careers.
- Get involved in a student organization and/or volunteer for a cause that interests you.
- Conduct an informational interview with a professional in a career that interests you.

As you get involved in meaningful activities and job opportunities on and off campus, you will need a resume and may interview for a position. Make sure your resume and interview skills are critiqued and ready. A polished resume will help you get an interview and your interview skills will get you the job.

- Go to careers.ucr.edu and read about interviewing and resume writing under the Job Search Strategies tab.
- Have your resume critiqued. Visit the Career Center for a drop-in appointment, Monday–Thursday, 10 a.m.–3 p.m., and Friday, 10 a.m.–12 p.m.
- Make a career counseling appointment for a resume critique or a mock interview critique. Practice your interview skills by utilizing the StandOut mock interview tool in the Resources section of your UCR Handshake account.
- Attend a Resume Writing workshop.
- Attend an Ace the Interview or Interviewing for Introverts workshop.

Apply for internships and jobs to gain experience. These experiences will help you explore careers, obtain some of the skills that employers seek and meet professionals in your industry of interest.

- Use the job & internship search database in your UCR Handshake account as well as Career Insider and Career Shift.
- Use LinkedIn online at linkedin.com—create a profile, start networking, and apply for internships.
- Find additional job and intern listings, as well as opportunities abroad, on the Career Center website at careers.ucr.edu under the Students tab.

For more information on this and other resources to prepare for your future career, stop by the Career Center, email careercounseling@ucr.edu, or call (951) 827-3631.

This information is accurate and reliable as of the date of publication, but may change without notice. Please contact the Career Center for the most up-to-date information. (09/19)