

## **SECOND YEAR CAREER PLAN** YOUR STEP-BY-STEP GUIDE TO CAREER PLANNING SUCCESS

Now that you have begun your college experience, it's time to get the big picture for your future. What do you enjoy? What activities, part-time jobs, campus events, or volunteer experiences do you like or dislike? What are your favorite classes? Your answers will help you chart your course.

Thoughtfully choose a major, if you haven't already, or change the one you have if it isn't a good fit. Think about how your major will complement your interests, skills, and career goals. Be confident about your decision.

- CHOOSE A MAJOR
- Take a career assessment. Go to <u>careers.ucr.edu</u> then select Students, Career Planning, & Making Career Decisions. You will find assessment information under "Plan Your Path."
- Attend a Making a Major Decision workshop.
- Explore UCR academic websites.

- Meet with your academic advisor.
- Make an appointment with a career specialist online through your UCR Handshake account.
- Explore over 80 majors with the UCR General Catalog at: <u>catalog.ucr.edu</u>

Explore your career options. Start by looking at who you are and what you like. What interests you? What skills come naturally to you? What issues tug at your heart? What topics intellectually stimulate you? What values do you hold? The answers will help you focus on related career options.

### EXPLORE CAREERS

- Deet with a career specialist to help you connect with career ideas. Schedule an appointment on UCR Handshake.
- □ Take a career assessment such as the Focus 2, Strong Interest Inventory, Myers Briggs Type Indicator, or CareerLeader. Meet with a career specialist to choose one for your needs.
- Use LinkedIn to see alumni career paths, conduct informational interviews, and build your network.
- □ View the Career Center events calendar and RSVP for *Information Sessions, Career Fairs,* and *Job Discovery Series* events. Attend as many as you can to increase your exposure to different careers.
- Get involved in a student organization and/or volunteer for a cause that interests you using Highlander Link at highlanderlink.ucr.edu/.
- Conduct an informational interview with a professional in a career that interests you.

BUILD RESUME WRITING & INTERVIEWING SKILLS As you get involved in meaningful activities and job opportunities on and off campus, you will need a resume and may interview for a position. Make sure your resume and interview skills are critiqued and ready. A polished resume will help you get an interview and your interview skills will get you the job.

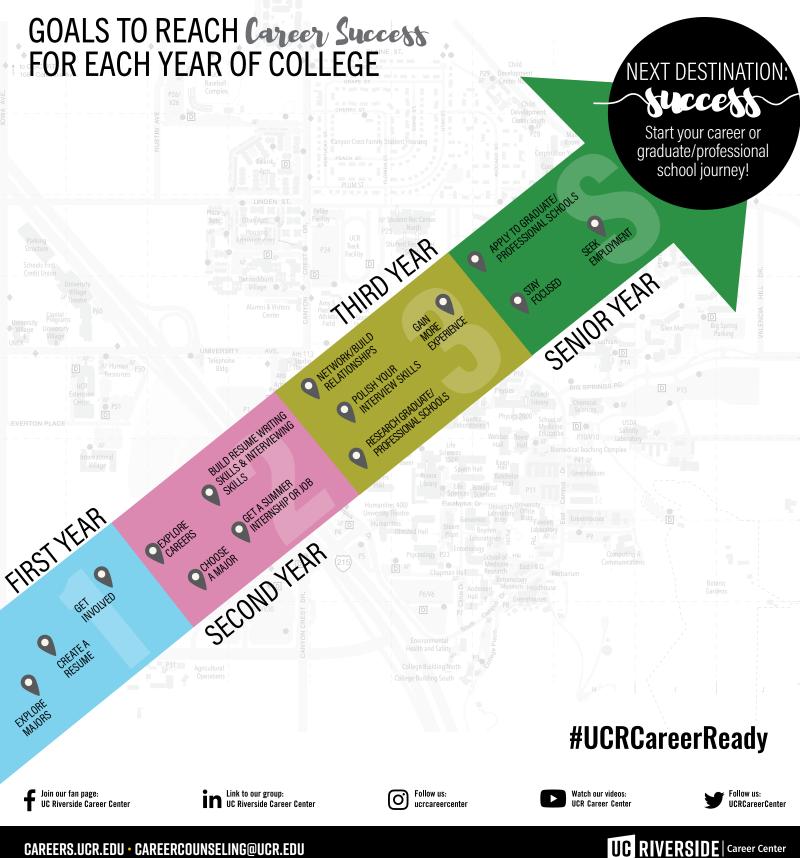
- Go to <u>careers.ucr.edu</u> to view resume samples and read about resume writing and interviewing under Students & Getting Hired.
- Have your resume and/or mock interview critiqued. Visit <u>careers.ucr.edu</u> or the Career Center to sign up for a career counseling appointment or an Express Career Advising appointment.
- Practice your interviewing using StandOut at go.ucr.edu/standout.
- Attend the Resume Writing, Ace the Interview, & Interviewing for Introverts workshops.
- Upload your resume to Handshake (make sure you select to have it visible for employers to view) and start applying for opportunities.

GET A SUMMER INTERNSHIP OR JOB Apply for internships and jobs to gain experience. These experiences will help you explore careers, obtain some of the skills that employers seek, and meet professionals in your industry of interest.

- Use the job & internship search database in your UCR Handshake account as well as CareerShift.
- Use LinkedIn online at <u>linkedin.com</u>—create a profile, start networking, and apply for internships.
- Attend these Career Center events: All About Internships, Now Hiring Interns, Maximizing Your Internship, Employer Information Sessions and Career Fairs, Where Are the Jobs? Job Search Strategies, and Part Time Job Search and Resume Writing.
- ☐ Find additional job and intern listings, as well as opportunities abroad, on the Career Center website at <u>careers.ucr.edu</u> under the Students tab.
- Explore study abroad opportunities at international.ucr.edu/abroad.
- Check out Community Service Portal:
- se.ucr.edu/engagement/community\_service\_portal\_resources
- UCDC Internships at UCDC.UCR.edu
- uResearch Portal: <u>se.ucr.edu/research/portal</u>

#### For more information on this and other resources to prepare for your future career, email careercounseling@ucr.edu.

# CAREER PLAN SERIES Map Your Career Plan For Success!



#### CAREERS.UCR.EDU • CAREERCOUNSELING@UCR.EDU