

**ANTHEM BLUE CROSS – UC SHIP  
IN-NETWORK TRANSGENDER AND GENDER  
DIVERSE-ALLIED THERAPISTS FOR  
GENDER-RELATED ASSESSMENTS AND  
LETTERS OF SUPPORT**

**COLLABORATIVE PSYCHOLOGY GROUP**

fka: Dr. Tanika Gayle & Associates  
5051 Canyon Crest Dr. Suite 204  
Riverside, CA 92506  
**Phone: 951-682-1488**  
[www.collaborativepsychgroup.com](http://www.collaborativepsychgroup.com)

**GREGORY CRAWFORD, PSYD**

3801 University Ave.  
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10470 Foothill Blvd. Ste. 116  
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**LAURA CUEVA-MILLER, PHD**

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**JUAN MORIEL, PSYD, LMFT, LPCC**

3400 Central Ave. Ste. 310  
Riverside, CA 92506  
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[www.juanmoriel.com](http://www.juanmoriel.com)

**LYNN FLEWELLING, LMFT**

101 East Redlands Blvd. Ste. 234F  
Redlands, CA 92373  
**Phone: 951-249-7684**

**LANDON MARTIN, LCSW**

**FOOTHILLS PSYCHOLOGICAL SERVICES, INC.**  
9089 Baseline Rd. Ste. 200  
Rancho Cucamonga, CA 91730  
**Phone: 909-980-3567**

**NHUNG PHAN, PSYD, QME**

PSYCHHEALING COUNSELING CENTER  
1011 North Begonia Ave. Ste. 1009  
Ontario, CA 91762

**Phone: 800-683-2945**  
[www.healingpcc.com](http://www.healingpcc.com)

**TRANSGENDER HEALTH & WELLNESS CENTER (THWC)**

*NEW LOCATION IN RIVERSIDE*

6700 Indiana Ave. Ste. 252  
Riverside, CA 92506

*All services at this location are by appointment only*

**Phone: 951-530-8257**  
**Email: [info@trans.health](mailto:info@trans.health)**

35-325 Date Palm Dr. Ste. 143  
Cathedral City, CA 92234

**Phone: 760-202-4308**  
<https://www.trans.health/>

THWC connects patients with resources including medical intervention letters, social services **via telehealth**, collaborative care with an **electrolysis** clinician in Murrieta. THWC has affiliated clinicians who accept USHIP. THWC also offers medical treatment for gender dysphoria such as laser hair removal and electrolysis as well as mental health, while **Transgender Community Coalition (TCC)** offers the wraparound services such as crisis and case management, pet assistance, navigation to health care and more!

**TRUEEVOLUTION INC.**

4164 Brockton Ave. Ste. A  
Riverside, CA 92501

**Phone: 951-888-1346**  
**Toll-free: 877-890-1169**  
[www.trueevolution.org](http://www.trueevolution.org)

**SUSAN ZELENER, PHD**

255 Terracina Blvd. Ste. 204  
Redlands, CA 92373  
**Phone: 909-798-1763**

**TRANSGENDER AND GENDER DIVERSE-  
ALLIED UCR HEALTH AND CAMPUS-  
AFFILIATED PROVIDERS**

**DR. GOWDA, MD, INTERNAL MEDICINE**

UCR Health Multispecialty Center  
3390 University Ave. Ste. 100  
Riverside, CA 92501

**Phone: 844-827-8000**  
[www.ucrhealth.org](http://www.ucrhealth.org)

**DR. HODA MOJAZI-AMIRI, ENDOCRINOLOGIST**

UCR Health Multispecialty Center  
3390 University Ave. Ste. 100  
Riverside, CA 92501

**Phone: 844-827-8000 x 5**

[www.ucrhealth.org](http://www.ucrhealth.org)

**DR. ROB CASTANOS, PSYCHIATRIST**

UCR Health Multispecialty Center  
3390 University Ave. Ste. 115  
Riverside, CA 92501

**Phone: 844-827-8000 x 4**

[www.ucrhealth.org](http://www.ucrhealth.org)

**DR. JAMI WOODS, PSYCHIATRIST**

UCR Health Multispecialty Center  
3390 University Ave. Suite 115  
Riverside, CA 92501

**Phone: 844-827-8000 x 4**

[www.ucrhealth.org](http://www.ucrhealth.org)

**AYOKA BELL, PSYD**

UCR Counseling and Psychological Services  
900 University Ave, Student Health Services N. Wing  
Riverside, CA 92521

**Phone: 951-827-5531 x 2**

[www.counseling.ucr.edu](http://www.counseling.ucr.edu)

**NICOLE PITSAVAS, PSYD**

UCR Counseling and Psychological Services  
900 University Ave, Student Health Services N. Wing  
Riverside, CA 92521

**Phone: 951-827-5531 x 2**

[www.counseling.ucr.edu](http://www.counseling.ucr.edu)

**UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM**

Orange County's only interdisciplinary program dedicated to caring for TGD individuals up to age 26. Supportive, affirming services offered include patient and family counseling, puberty suppression, gender-affirming hormone therapy, and community connections.

[www.ucihealth.org/medical-services/pediatric-gender-diversity](http://www.ucihealth.org/medical-services/pediatric-gender-diversity)

101 The City Drive South Pavilion 3  
Orange, CA 92868

**Phone: 714-456-6025**

[genderdiversity@hs.uci.edu](mailto:genderdiversity@hs.uci.edu)

**UCLA GENDER HEALTH PROGRAM**

**Phone: 310-267-4334**

**Email: [genderhealth@mednet.ucla.edu](mailto:genderhealth@mednet.ucla.edu)**

[www.uclahealth.org/gender-health/](http://www.uclahealth.org/gender-health/)

**UCR LGBT RESOURCE CENTER**

245 Costo Hall  
Riverside, CA 92521

**Phone: 951-827-2267**

<https://out.ucr.edu/resources/ucr-trans-guide>

<https://guidebook.com/app/ucr/>

**OTHER (OUT OF NETWORK) LOCAL SOURCES FOR MORE INFORMATION OR TRANSGENDER HEALTH SUPPORT:**

**BORREGO COMMUNITY HEALTH DEVELOPMENT**

**LAKEN SITSCH, MA (she/her)**

Transgender Navigator Specialist

1600 Iowa Ave.

Riverside, CA 92507

**Phone: 951-758-7838 x-6538**

**Email: [lzitsch@borregohealth.org](mailto:lzitsch@borregohealth.org)**

**BORREGO COMMUNITY HEALTH DEVELOPMENT**

**C. MICHAEL WOODWARD, MPH**

Trans Community Health Manager

1600 Iowa Ave. Ste. 220

Riverside, CA 92507

**Phone: 951-758-7819 x-6519**

**Email: [mwoodward@borregohealth.org](mailto:mwoodward@borregohealth.org)**

[www.borregohealth.org/transgender-health](http://www.borregohealth.org/transgender-health)

Borrego Health accepts Medi-Cal and IEHP

**CENTRAL COUNSELING SERVICES**

6840 Indiana Ave. Ste. 275

Riverside, CA 92506

**Phone: 951-778-0230**

**Email: [info@centralcounselingservices.net](mailto:info@centralcounselingservices.net)**

Accepts: Aetna, Beacon/Kaiser, IEHP & others, or private pay. NO Anthem, Blue Cross/Blue Shield or Cigna

**JOWERS AND TALLEY PSYCHOTHERAPY**

**NANCY TALLEY, LMFT**

41870 Kalmia St. Ste. 155

Murrieta, CA 92562

**Phone: 951-319-2341**

Accepts: Aetna, Anthem, Beacon, Blue Cross/Blue Shield, Cigna, MHN, Medicare, Optum, TriWest, UnitedHealthcare

**OUTREACH NATION CLINIC**  
**RON ROBINSON, LCSW, CAMF**

9375 Archibald Ave., Ste. 107  
Rancho Cucamonga, CA 91730

**Phone: 900-825-8080**

Accepts: Aetna, Anthem, Beacon, IEHP, Tricare, Kaiser

<https://outreachmentclinic.org/ronald-robinson>

**PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST**

Transgender Health Services: Moreno Valley &  
Coachella locations offer informed consent services and  
accept Medi-Cal.

**Phone: 1-888-743-7526**

[www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services](http://www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services)

**JULIE SIEGEL-TURNER, LCSW**

WPATH trained Gender Therapist

Sliding scale, cash pay

Riverside, CA 92506

**Phone: 951-801-5954**

**TINA BABAJANIANS, MS,**

Vocal Therapist

Newport Beach, CA

**Phone: 323-825-9709**

**Email: [hello@thevoicestylist.com](mailto:hello@thevoicestylist.com)**

[www.thevoicestylist.com/services](http://www.thevoicestylist.com/services)

**MICHELLE GORDON, MA, MCSP, WPATH member**

Speech and Voice Therapist

2900 Bristol St., Ste. B-103

Costa Mesa, CA 92626

Phone: 714-403-1721

[www.mgspeech.com](http://www.mgspeech.com)