ANTHEM BLUE CROSS – UC SHIP 
IN-NETWORK TRANSGENDER AND GENDER 
DIVERSE-ALLIED THERAPISTS FOR 
GENDER-RELATED ASSESSMENTS AND 
LETTERS OF SUPPORT

COLLABORATIVE PSYCHOLOGY GROUP 
fga: Dr. Tanika Gayle & Associates 
5051 Canyon Crest Dr. Suite 204 
Riverside, CA 92506 
Phone: 951-682-1488 
www.collaborativepsychgroup.com

GREGORY CRAWFORD, PSYD 
3801 University Ave. 
Riverside, CA 
Phone: 951-780-1371 
10470 Foothill Blvd. Ste. 116 
Rancho Cucamonga, CA 91730 
Phone: 909-989-4055 
Email: drcrawford@gunnpsych.com 
www.gunnpsych.com/drcrawford

LAURA CUEVA-MILLER, PHD 
3590 Central Ave #202 
Riverside, CA 92506 
Phone: 951-788-6006 
Email: drlauracm@gmail.com

JUAN MORIEL, PSYD, LMFT, LPCC 
3400 Central Ave. Ste. 310 
Riverside, CA 92506 
Phone: 626-676-2419 
www.juanmoriel.com

LYNN FLEWELLING, LMFT 
101 East Redlands Blvd. Ste. 234F 
Redlands, CA 92373 
Phone: 951-249-7684

LANDON MARTIN, LCSW 
FOOTHILLS PSYCHOLOGICAL SERVICES, INC. 
9089 Baseline Rd. Ste. 200 
Rancho Cucamonga, CA 91730 
Phone: 909-980-3567

NHUNG PHAN, PSYD, QME 
PSYCHHEALING COUNSELING CENTER 
1011 North Begonia Ave. Ste. 1009 
Ontario, CA 91762

Phone: 800-683-2945 
www.healingpcc.com

TRANSGENDER HEALTH & WELLNESS CENTER (THWC) 
NEW LOCATION IN RIVERSIDE 
6700 Indiana Ave. Ste. 252 
Riverside, CA 92506 
All services at this location are by appointment only 
Phone: 951-530-8257 
Email: info@trans.health

35-325 Date Palm Dr. Ste. 143 
Cathedral City, CA 92234 
Phone: 760-202-4308 
https://www.trans.health/

THWC connects patients with resources including medical intervention letters, social services via telehealth, collaborative care with an electrolysis clinician in Murrieta. THWC has affiliated clinicians who accept USHIP. THWC also offers medical treatment for gender dysphoria such as laser hair removal and electrolysis as well as mental health, while Transgender Community Coalition (TCC) offers the wraparound services such as crisis and case management, pet assistance, navigation to health care and more!

TRUEVOLUTION INC. 
4164 Brockton Ave. Ste. A 
Riverside, CA 92501 
Phone: 951-888-1346 
Toll-free: 877-890-1169 
www.truevolution.org

SUSAN ZELENER, PHD 
255 Terracina Blvd. Ste. 204 
Redlands, CA 92373 
Phone: 909-798-1763

TRANSGENDER AND GENDER DIVERSE- 
ALLIED UCR HEALTH AND CAMPUS- 
AFFILIATED PROVIDERS

DR. GOWDA, MD, INTERNAL MEDICINE 
UCR Health Multispeciality Center 
3390 University Ave. Ste. 100 
Riverside, CA 92501 
Phone: 844-827-8000 
www.ucrhealth.org

11/10/20
DR. HODA MOJAZI-AMIRI, ENDOCRINOLOGIST
UCR Health Multispeciality Center
3390 University Ave. Ste. 100
Riverside, CA 92501
Phone: 844-827-8000 x 5
www.ucrhealth.org

DR. ROB CASTANOS, PSYCHIATRIST
UCR Health Multispeciality Center
3390 University Ave. Ste. 115
Riverside, CA 92501
Phone: 844-827-8000 x 4
www.ucrhealth.org

DR. JAMI WOODS, PSYCHIATRIST
UCR Health Multispeciality Center
3390 University Ave. Suite 115
Riverside, CA 92501
Phone: 844-827-8000 x 4
www.ucrhealth.org

AYOKA BELL, PSYD
UCR Counseling and Psychological Services
900 University Ave, Student Health Services N. Wing
Riverside, CA 92521
Phone: 951-827-5531 x 2
www.counseling.ucr.edu

NICOLE PITSAVAS, PSYD
UCR Counseling and Psychological Services
900 University Ave, Student Health Services N. Wing
Riverside, CA 92521
Phone: 951-827-5531 x 2
www.counseling.ucr.edu

UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM
Orange County’s only interdisciplinary program
dedicated to caring for TGD individuals up to age 26.
Supportive, affirming services offered include patient
and family counseling, puberty suppression, gender-
affirming hormone therapy, and community
connections.
www.uchealth.org/medical-services/pediatric-gender-
diversity
101 The City Drive South Pavilion 3
Orange, CA 92868
Phone: 714-456-6025
genderdiversity@hs.uci.edu

UCR LGBT RESOURCE CENTER
245 Costo Hall
Riverside, CA 92521
Phone: 951-827-2267
https://out.ucr.edu/resources/ucr-trans-guide
https://guidebook.com/app/ucr/

OTHER (OUT OF NETWORK) LOCAL SOURCES FOR MORE INFORMATION OR
TRANSGENDER HEALTH SUPPORT:

BORREGO COMMUNITY HEALTlh DEVELOPMENT
LAKEN SITSCH, MA (she/her)
Transgender Navigator Specialist
1600 Iowa Ave.
Riverside, CA 92507
Phone: 951-758-7838 x-6538
Email: lzitsch@borregohealth.org

BORREGO COMMUNITY HEALTlh DEVELOPMENT
C. MICHAEL WOODWARD, MPH
Trans Community Health Manager
1600 Iowa Ave. Ste. 220
Riverside, CA 92507
Phone: 951-758-7819 x-6519
Email: mwoodward@borregohealth.org
www.borregohealth.org/transgender-health
Borrego Health accepts Medi-Cal and IEHP

CENTRAL COUNSELING SERVICES
6840 Indiana Ave. Ste. 275
Riverside, CA 92506
Phone: 951-778-0230
Email: info@centralcounselingservices.net
Accepts: Aetna, Beacon/Kaiser, IEHP & others, or
private pay. NO Anthem, Blue Cross/Blue Shield or
Cigna

JOWERS AND TALLEY PSYCHOTHERAPY
NANCY TALLEY, LMFT
41870 Kalmia St. Ste. 155
Murrieta, CA 92562
Phone: 951-319-2341
Accepts: Aetna, Anthem, Beacon, Blue Cross/Blue
Shield, Cigna, MHN, Medicare, Optum, TriWest,
UnitedHealthcare

www.uclahealth.org/gender-health/

11/10/20
OUTREACH NATION CLINIC
RON ROBINSON, LCSW, CAMF
9375 Archibald Ave., Ste. 107
Rancho Cucamonga, CA 91730
Phone: 900-825-8080
Accepts: Aetna, Anthem, Beacon, IEHP, Tricare, Kaiser
https://outreacchnationclinic.org.ronald-robinson

PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST
Transgender Health Services: Moreno Valley & Coachella locations offer informed consent services and accept Medi-Cal.
Phone: 1-888-743-7526
www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services

JULIE SIEGEL-TURNER, LCSW
WPATH trained Gender Therapist
Sliding scale, cash pay
Riverside, CA 92506
Phone: 951-801-5954

TINA BABAJANIANS, MS,
Vocal Therapist
Newport Beach, CA
Phone: 323-825-9709
Email: hello@thevoicestylist.com
www.thevoicestylist.com/services

MICHELLE GORDON, MA, MCSP, WPATH member
Speech and Voice Therapist
2900 Bristol St., Ste. B-103
Costa Mesa, CA 92626
Phone: 714-403-1721
www.mgspeech.com