

## **Family Resource Guide**

**Intro:** Welcome to the University of California, Riverside! We are excited to host you and your student for our Highlander Orientation program this summer. This Family Resource guide will help to keep you informed on many of the different department on campus. These resources that are available for the students are here to benefit students in both their academic and personal life.

### **Emergency Notification System**

In order to help promote the safety of our campus, UCR has their very own Emergency Notification system. This system can be accessed by their website, text, or by email. Essentially, anyone can now text “UCRSAFE” to 888777 to receive our text alerts. All UCR students will receive emails as soon as possible like the text alerts with what is happening. Learn more by going to <https://emergency.ucr.edu/>

### **Enrich Your UCR Education with Education Abroad, Internship, Research, and Scholarship Opportunities**

UCR students in all majors can participate in a wide range of high impact learning opportunities such as education abroad programs, internships, undergraduate research, and scholarship opportunities. These programs are designed to enrich students’ university experience. The programs assist in the development of valuable oral and written communication, problem-solving, and intercultural skills necessary to succeed in today’s global society. Learn more by clicking the following links to their respective offices:

Education Abroad: <https://international.ucr.edu/abroad>

Research: [https://se.ucr.edu/research/overview?\\_ga=2.174105633.2005770282.1592435872-1194178439.1580244381](https://se.ucr.edu/research/overview?_ga=2.174105633.2005770282.1592435872-1194178439.1580244381)

Scholarships: <https://financialaid.ucr.edu/types-of-financial-aid/scholarships>

### **Campus Business Services**

The departments within Campus Business Services (CBS) such as Highlander Service Station, Card Services, and ScotSurplus offer valuable services to students. Highlander Service Station, located next to the UCR Bookstore, is where students will receive and learn more their campus ID, the R’Card. The R’Card is the ticket to the UCR experience – from meal plans, to Bear Bucks, bus pass, and entrance to events – the R’Card has many benefits. Also available at Highlander Service Station is mail and quick copy services, poster printing, and more! Twice per month (1<sup>st</sup> and 3<sup>rd</sup> Tuesday) the campus and local community can visit UCR’s own vintage sale of gently used items available at ScotSurplus, located in the Corporation Yard. From computers to bicycles and furniture, ScotSurplus is an exciting treasure hunt! Want to learn more? Please visit: <https://cbs.ucr.edu/>

### **UCR Bookstore**

The UCR Bookstore (operated by Barnes & Noble), located next to the Highlander Union Building (HUB) is your one stop shop on campus. From affordable textbook options, school supplies, convenience items, and official UCR and Highlander gear, the campus store has something from everyone. Students can save up to 70% by renting their textbooks, explore the latest in digital options, and receive up to 50% of their purchase price during textbook buyback. Also, the UCR Bookstore price matches against major competitors to ensure students are receiving the best price. A percentage of the proceeds from the UCR Bookstore go directly back to the university, so shopping on campus helps support UCR. Want to learn more? Please visit: <https://ucr.bncollege.com>

### **UCR Police Department**

The UCPD (University of California Police Department) works to ensure a safe campus environment. They are sworn police officers dedicated solely to UCR. They institute a number of programs to educate students about safety. UCPD operates 24 hours a day/365 day a year. Learn more at <https://police.ucr.edu/>

### **Student Disability Resource Center**

Student Disability Resource Center strives to provide students with disabilities with equal access to educational programs so they can fully participate in all aspects of campus life. A personal consultation will help us individually tailor a plan to meet disability-related needs. Approval of accommodations is based on disability documentation and meeting with a disability specialist. For more information regarding registration, please, visit [sdrc.ucr.edu](https://sdrc.ucr.edu)

### **Career Center**

The Career Center offers career and professional development services for UCR Students. The center provides workshops and seminars to help students develop a career plan for life in college and beyond. You can schedule appointments for career guidance, resume review, and interview preparation. Visit <https://careers.ucr.edu/> for more information!

### **Counseling and Psychological Services**

Counseling and Psychological Services (CAPS) provides FREE, Confidential, Professional Mental Health Services for all registered UCR students on a wide range of personal, emotional, and social issues in support of student success. CAPS services include individual, couples and group therapy, same day walk-in consultations (currently virtual); and training and education on suicide awareness, working with distressed students, and other mental health topics. CAPS also offers crisis consultations for faculty, staff, and families/friends who would like information on how to best support students who may be experiencing some mental health related distress. Counselors are available 24/7 by calling 951-827-5531, select Option 1. You can learn more about CAPS services as well as find critical mental health resources on and off campus, and self-help tools, by visiting <https://counseling.ucr.edu/>

### **Housing Services**

Housing Services offers various housing locations for first year students. Serving more than

3,000 students in a typical year, our Residence Halls combine comfortable living with a sense of community that will make your student's housing experience memorable. Housing Services works with a variety of campus resources to help maximize your student's potential. Want to learn some more information about campus housing, click this link: <https://housing.ucr.edu/>

### **Student Conduct and Academic Integrity Programs (SCAIP)**

The Student Conduct and Academic Integrity Programs Office addresses alleged incidents of student academic and social misconduct. The office provides options to address and resolve student concerns dealing with violations of Standards of Conduct for UCR. SCAIP commits to ensuring a safe, secure, and supportive environment for students. Go to <https://conduct.ucr.edu/> to learn more.

### **Transportation and Parking Services**

Transportation and Parking Services (TAPS) is responsible for the coordination and administration of all transportation related services including flexible parking permit options, subsidized transit passes, bike registration, and other sustainable transportation programs to help you get to and around the campus community. TAPS also hosts regular Commuter Pit Stops to connect commuter students to local transportation resources. Learn more information at <https://transportation.ucr.edu>

### **Parent Association**

Stay connected to your student's college experience through the UCR Parents Association. During this session, designed especially for parents of incoming students, you will hear from Director of Parent Programs, Christine Anaya. Enthusiastic parents of current students will then join in for a Q&A session regarding a range of topics. We look forward to meeting you and your family, and to sharing all the resources and opportunities available through the Parents Association. Learn more about how you can get involved by going to <https://parents.ucr.edu/>

### **Student Life**

The goal of Student Life is to provide students with the total UCR experience. That means supporting opportunities for learning, leadership, community building, and creative expression that go way beyond the classroom. Through Student Life students can get involved on campus, join one of our many student organizations, attend a concert, and see what other resources that are offered. Learn about all of the resources that are offered by going to <https://studentlife.ucr.edu/>

### **Academic Resource Center**

The ARC offers a wide variety of programs and services to support students in being successful here at UC Riverside. Students can take advantage of academic support programs like tutoring,

Supplemental Instruction, writing support and Early Assist, to get ahead in their classes. If students are interested in personal growth and development, our Assistance, Coaching, and Encouragement (ACE) peer mentoring program and R'Success Workshops will help develop skills that will allow students to be successful at UCR and beyond. To learn more information, go to <https://arc.ucr.edu/>

### **The Well**

The Well is UCR's student health promotion & education department, dedicated to holistic well-being and basic needs support. Our professional and student staff provide workshops, campaigns, events, and resources on a variety of health topics important to UCR students, including mental well-being, suicide-prevention, sexual health/reproductive justice, substance use, sleep, nutrition, fitness, CalFresh, and more. The Well also manages the UCR student food pantry, R'Pantry, as well as coordinates basic needs support services for students in need. At The Well, we know that health is integral to personal and academic success. We also recognize that there are often barriers to maintaining health and well-being, and we are here to help students overcome those challenges, to live healthy lives at UCR and beyond.

Visit <https://well.ucr.edu/> and <https://basicneeds.ucr.edu/> to learn more.