

**ANTHEM BLUE CROSS – UC SHIP
IN-NETWORK TRANSGENDER AND GENDER
DIVERSE-ALLIED THERAPISTS FOR
GENDER-RELATED ASSESSMENTS AND
LETTERS OF SUPPORT**

COLLABORATIVE PSYCHOLOGY GROUP

fka: Dr. Tanika Gayle & Associates
5051 Canyon Crest Dr. Suite 204
Riverside, CA 92506
Phone: 951-682-1488
www.collaborativepsychgroup.com

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LYNN FLEWELLING, LMFT

101 East Redlands Blvd. Ste. 234F
Redlands, CA 92373
Phone: 951-249-7684

LANDON MARTIN, LCSW

FOOTHILLS PSYCHOLOGICAL SERVICES, INC.
9089 Baseline Rd. Ste. 200
Rancho Cucamonga, CA 91730
Phone: 909-980-3567

NHUNG PHAN, PSYD, QME

PSYCHHEALING COUNSELING CENTER
1011 North Begonia Ave. Ste. 1009
Ontario, CA 91762

Phone: 800-683-2945
www.healingpcc.com

TRANSGENDER HEALTH & WELLNESS CENTER (THWC)

NEW LOCATION IN RIVERSIDE

6700 Indiana Ave. Ste. 252
Riverside, CA 92506

All services at this location are by appointment only

Phone: 951-530-8257
Email: info@trans.health

35-325 Date Palm Dr. Ste. 143
Cathedral City, CA 92234

Phone: 760-202-4308
<https://www.trans.health/>

THWC connects patients with resources including medical intervention letters, social services **via telehealth**, collaborative care with an **electrolysis** clinician in Murrieta. THWC has affiliated clinicians who accept USHIP. THWC also offers medical treatment for gender dysphoria such as laser hair removal and electrolysis as well as mental health, while **Transgender Community Coalition (TCC)** offers the wraparound services such as crisis and case management, pet assistance, navigation to health care and more!

TRUEEVOLUTION INC.

4164 Brockton Ave. Ste. A
Riverside, CA 92501

Phone: 951-888-1346
Toll-free: 877-890-1169
www.trueevolution.org

SUSAN ZELENER, PHD

255 Terracina Blvd. Ste. 204
Redlands, CA 92373
Phone: 909-798-1763

**TRANSGENDER AND GENDER DIVERSE-
ALLIED UCR HEALTH AND CAMPUS-
AFFILIATED PROVIDERS**

DR. GOWDA, MD, INTERNAL MEDICINE

UCR Health Multispecialty Center
3390 University Ave. Ste. 100
Riverside, CA 92501

Phone: 844-827-8000
www.ucrhealth.org

DR. HODA MOJAZI-AMIRI, ENDOCRINOLOGIST

UCR Health Multispecialty Center
3390 University Ave. Ste. 100
Riverside, CA 92501

Phone: 844-827-8000 x 5

www.ucrhealth.org

DR. ROB CASTANOS, PSYCHIATRIST

UCR Health Multispecialty Center
3390 University Ave. Ste. 115
Riverside, CA 92501

Phone: 844-827-8000 x 4

www.ucrhealth.org

DR. JAMI WOODS, PSYCHIATRIST

UCR Health Multispecialty Center
3390 University Ave. Suite 115
Riverside, CA 92501

Phone: 844-827-8000 x 4

www.ucrhealth.org

AYOKA BELL, PSYD

UCR Counseling and Psychological Services
900 University Ave, Student Health Services N. Wing
Riverside, CA 92521

Phone: 951-827-5531 x 2

www.counseling.ucr.edu

NICOLE PITSAVAS, PSYD

UCR Counseling and Psychological Services
900 University Ave, Student Health Services N. Wing
Riverside, CA 92521

Phone: 951-827-5531 x 2

www.counseling.ucr.edu

UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM

Orange County's only interdisciplinary program dedicated to caring for TGD individuals up to age 26. Supportive, affirming services offered include patient and family counseling, puberty suppression, gender-affirming hormone therapy, and community connections.

www.ucihealth.org/medical-services/pediatric-gender-diversity

101 The City Drive South Pavilion 3
Orange, CA 92868

Phone: 714-456-6025

genderdiversity@hs.uci.edu

UCLA GENDER HEALTH PROGRAM

Phone: 310-267-4334

genderhealth@mednet.ucla.edu

www.uclahealth.org/gender-health/

UCR LGBT RESOURCE CENTER

245 Costo Hall
Riverside, CA 92521

Phone: 951-827-2267

<https://out.ucr.edu/resources/ucr-trans-guide>

<https://guidebook.com/app/ucr/>

OTHER (OUT OF NETWORK) LOCAL SOURCES FOR MORE INFORMATION OR TRANSGENDER HEALTH SUPPORT:

BORREGO COMMUNITY HEALTH DEVELOPMENT

LAKEN SITSCH, MA (she/her)

Transgender Navigator Specialist

1600 Iowa Ave.

Riverside, CA 92507

Phone: 951-758-7838 x-6538

[Email: lzitsch@borregohealth.org](mailto:lzitsch@borregohealth.org)

BORREGO COMMUNITY HEALTH DEVELOPMENT

C. MICHAEL WOODWARD, MPH

Trans Community Health Manager

1600 Iowa Ave. Ste. 220

Riverside, CA 92507

Phone: 951-758-7819 x-6519

[Email: mwoodward@borregohealth.org](mailto:mwoodward@borregohealth.org)

www.borregohealth.org/transgender-health

Borrego Health accepts Medi-Cal and IEHP

CENTRAL COUNSELING SERVICES

6840 Indiana Ave. Ste. 275

Riverside, CA 92506

Phone: 951-778-0230

[Email: info@centralcounselingservices.net](mailto:info@centralcounselingservices.net)

Accepts: Aetna, Beacon/Kaiser, IEHP & others, or private pay. NO Anthem, Blue Cross/Blue Shield or Cigna

JOWERS AND TALLEY PSYCHOTHERAPY

NANCY TALLEY, LMFT

41870 Kalmia St. Ste. 155

Murrieta, CA 92562

Phone: 951-319-2341

Accepts: Aetna, Anthem, Beacon, Blue Cross/Blue Shield, Cigna, MHN, Medicare, Optum, TriWest, UnitedHealthcare

OUTREACH NATION CLINIC
RON ROBINSON, LCSW, CAMF
9375 Archibald Ave., Ste. 107
Rancho Cucamonga, CA 91730
Phone: 900-825-8080

Accepts: Aetna, Anthem, Beacon, IEHP, Tricare, Kaiser
<https://outreachmentclinic.org.ronald-robinson>

PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST
Transgender Health Services: Moreno Valley &
Coachella locations offer informed consent services and
accept Medi-Cal.
Phone: 1-888-743-7526
www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services

JULIE SIEGEL-TURNER, LCSW
WPATH trained Gender Therapist
Sliding scale, cash pay
Riverside, CA 92506
Phone: 951-801-5954

TINA BABAJANIANS, MS,
Vocal Therapist
Newport Beach, CA
Phone: 323-825-9709
Email: hello@thevoicestylist.com
www.thevoicestylist.com/services

MICHELLE GORDON, MA, MCSP, WPATH member
Speech and Voice Therapist
2900 Bristol St., Ste. B-103
Costa Mesa, CA 92626
Phone: 714-403-1721
www.mgspeech.com