ANTHEM BLUE CROSS – UC SHIP IN-NETWORK TRANSGENDER AND GENDER DIVERSE-ALLIED THERAPISTS FOR GENDER-RELATED ASSESSMENTS AND LETTERS OF SUPPORT

COLLABORATIVE PSYCHOLOGY GROUP
fka: Dr. Tanika Gayle & Associates
5051 Canyon Crest Dr. Suite 204
Riverside, CA 92506
Phone: 951-682-1488
www.collaborativepsychgroup.com

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3400 Central Ave. Ste. 310
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Phone: 626-676-2419
www.juanmoriel.com

LYNN FLEWELLING, LMFT
101 East Redlands Blvd. Ste. 234F
Redlands, CA 92373
Phone: 951-249-7684

LANDON MARTIN, LCSW
FOOTHILLS PSYCHOLOGICAL SERVICES, INC.
9089 Baseline Rd. Ste. 200
Rancho Cucamonga, CA 91730
Phone: 909-980-3567

NHUNG PHAN, PSYD, QME
PSYCHHEALING COUNSELING CENTER
1011 North Begonia Ave. Ste. 1009
Ontario, CA 91762

Phone: 800-683-2945
www.healingpcc.com

TRANSGENDER HEALTH & WELLNESS CENTER (THWC)
NEW LOCATION IN RIVERSIDE
6700 Indiana Ave. Ste. 252
Riverside, CA 92506
All services at this location are by appointment only
Phone: 951-530-8257
Email: info@trans.health

THWC connects patients with resources including medical intervention letters, social services via telehealth, collaborative care with an electrolysis clinician in Murrieta. THWC has affiliated clinicians who accept USHIP. THWC also offers medical treatment for gender dysphoria such as laser hair removal and electrolysis as well as mental health, while Transgender Community Coalition (TCC) offers the wraparound services such as crisis and case management, pet assistance, navigation to health care and more!

TRUEVOLUTION INC.
4164 Brockton Ave. Ste. A
Riverside, CA 92501
Phone: 951-888-1346
Toll-free: 877-890-1169
www.truevolution.org

SUSAN ZELENER, PHD
255 Terracina Blvd. Ste. 204
Redlands, CA 92373
Phone: 909-798-1763

TRANSGENDER AND GENDER DIVERSE-ALLIED UCR HEALTH AND CAMPUS-AFFILIATED PROVIDERS

DR. GOWDA, MD, INTERNAL MEDICINE
UCR Health Multispeciality Center
3390 University Ave. Ste. 100
Riverside, CA 92501
Phone: 844-827-8000
www.ucrhealth.org

11/10/20
UCI HEALTH PEDIATRIC GENDER DIVERSITY PROGRAM
Orange County’s only interdisciplinary program dedicated to caring for TGD individuals up to age 26. Supportive, affirming services offered include patient and family counseling, puberty suppression, gender-affirming hormone therapy, and community connections.

www.ucihealth.org/medical-services/pediatric-gender-diversity
101 The City Drive South Pavilion 3
Orange, CA 92868
Phone: 714-456-6025
genderdiversity@hs.uci.edu

UCLA GENDER HEALTH PROGRAM
Phone: 310-267-4334
Email: genderhealth@mednet.ucla.edu

www.uclahealth.org/gender-health/

UCR LGBT RESOURCE CENTER
245 Costo Hall
Riverside, CA 92521
Phone: 951-827-2267
https://out.ucr.edu/resources/ucr-trans-guide
https://guidebook.com/app/ucr/

OTHER (OUT OF NETWORK) LOCAL SOURCES FOR MORE INFORMATION OR TRANSGENDER HEALTH SUPPORT:

BORREGO COMMUNITY HEALTH DEVELOPMENT
LAKEN SITSCH, MA (she/her)
Transgender Navigator Specialist
1600 Iowa Ave.
Riverside, CA 92507
Phone: 951-758-7838 x-6538
Email: lzitsch@borregohealth.org

BORREGO COMMUNITY HEALTH DEVELOPMENT
C. MICHAEL WOODWARD, MPH
Trans Community Health Manager
1600 Iowa Ave. Ste. 220
Riverside, CA 92507
Phone: 951-758-7819 x-6519
Email: mwoodward@borregohealth.org
www.borregohealth.org/transgender-health
Borrego Health accepts Medi-Cal and IEHP

CENTRAL COUNSELING SERVICES
6840 Indiana Ave. Ste. 275
Riverside, CA 92506
Phone: 951-778-0230
Email: info@centralcounselingservices.net
Accepts: Aetna, Beacon/Kaiser, IEHP & others, or private pay. NO Anthem, Blue Cross/Blue Shield or Cigna

JOWERS AND TALLEY PSYCHOTHERAPY
NANCY TALLEY, LMFT
41870 Kalmia St. Ste. 155
Murrieta, CA 92562
Phone: 951-319-2341
Accepts: Aetna, Anthem, Beacon, Blue Cross/Blue Shield, Cigna, MHN, Medicare, Optum, TriWest, UnitedHealthcare
OUTREACH NATION CLINIC
RON ROBINSON, LCSW, CAMF
9375 Archibald Ave., Ste. 107
Rancho Cucamonga, CA 91730
Phone: 900-825-8080
Accepts: Aetna, Anthem, Beacon, IEHP, Tricare, Kaiser
https://outreachnationclinic.org.ronald-robinson

PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST
Transgender Health Services: Moreno Valley & Coachella locations offer informed consent services and accept Medi-Cal.
Phone: 1-888-743-7526
www.plannedparenthood.org/planned-parenthood-pacific-southwest/campaigns/transgender-health-services

JULIE SIEGEL-TURNER, LCSW
WPATH trained Gender Therapist
Sliding scale, cash pay
Riverside, CA 92506
Phone: 951-801-5954

TINA BABAJANIANS, MS,
Vocal Therapist
Newport Beach, CA
Phone: 323-825-9709
Email: hello@thevoicestylist.com
www.thevoicestylist.com/services

MICHELLE GORDON, MA, MCSP, WPATH member
Speech and Voice Therapist
2900 Bristol St., Ste. B-103
Costa Mesa, CA 92626
Phone: 714-403-1721
www.mgspeech.com