# AMERICAN COLLEGE HEALTH ASSOCIATION NATIONAL COLLEGE HEALTH ASSESSMENT (ACHA-NCHA) RESULTS: SEXUAL ORIENTATION

Hayden Harris, Ph.D.

Manager of Research & Evaluation
Division of Student Affairs
Pronouns: They/Them

# Content/Agenda: Sexual Orientation Data

- Safety
  - Campus & Community Safety, Sexual Abuse, & Abusive Relationships
- Mental Health
  - Depression & Suicide
- Drugs & Alcohol
- Physical Health
- Academic Performance

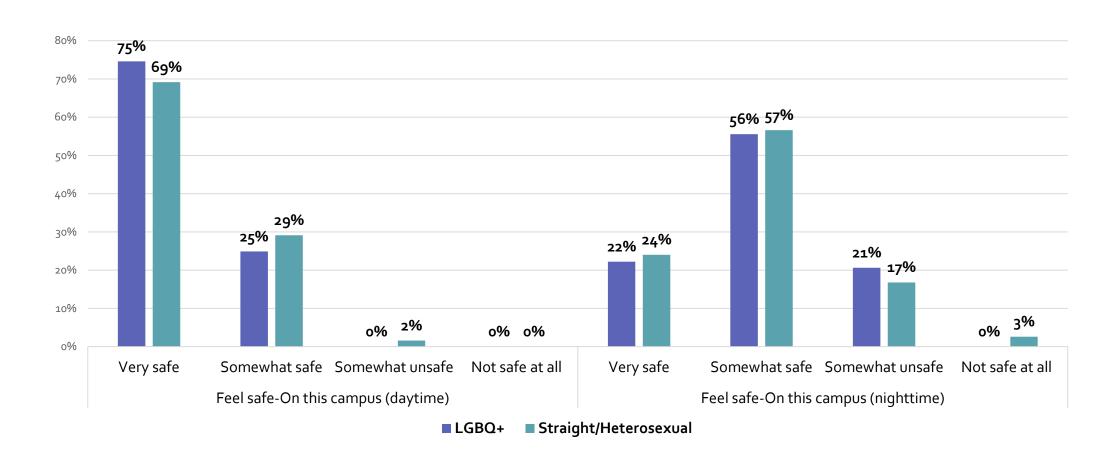
# Total # of Student Participants: 1,008

Sexual Orientation		
	%	Total N
Asexual	1%	9
Bisexual	9%	92
Gay	2%	23
Lesbian	1%	12
Pansexual	2%	16
Queer	1%	13
Questioning	2%	20
Straight/Heterosexual	81%	819
Another identity	o%	4
Total	100%	1,008
Sexual Orientation (Grouped)		
	%	Total N
LGBQ+	19%	189
Straight/Heterosexual	81%	819
Total	100%	1,008

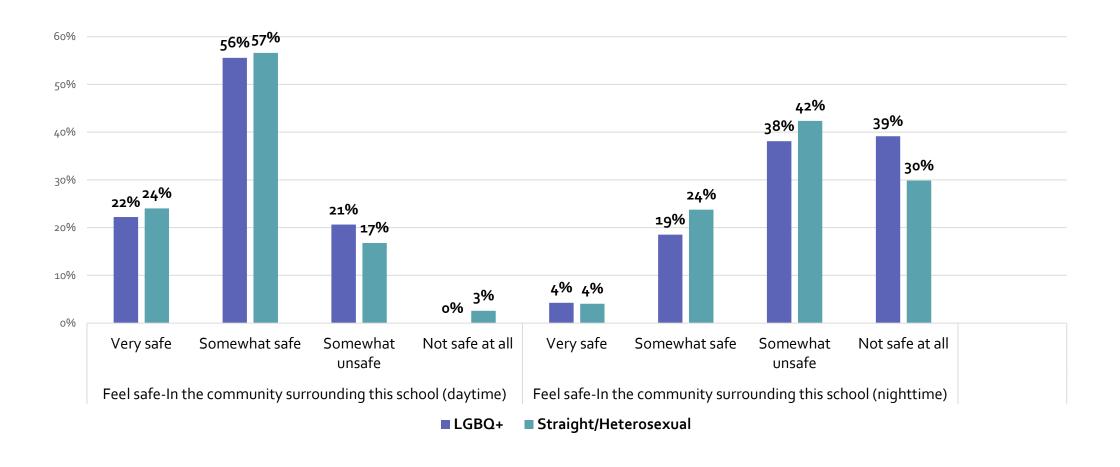
## SAFETY

Campus & Community Safety, Sexual Abuse, & Abusive Relationships

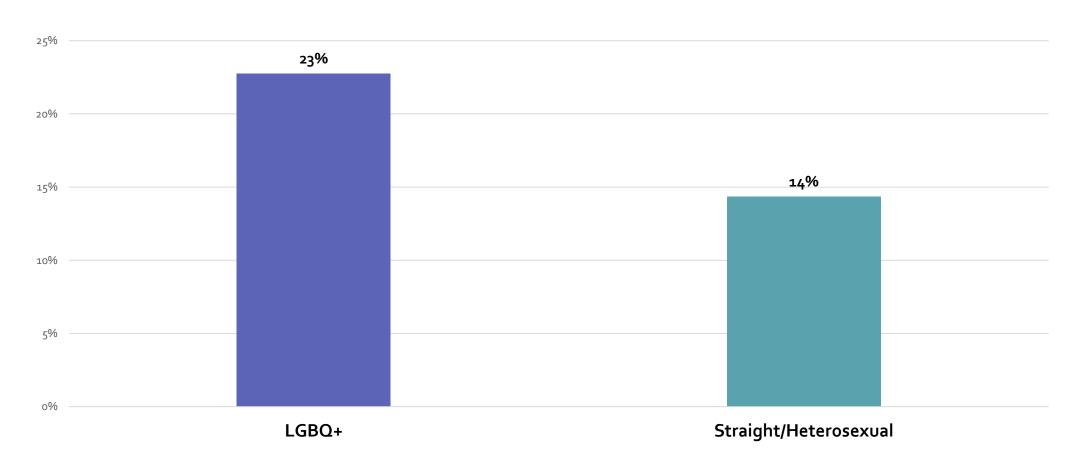
# Campus Safety



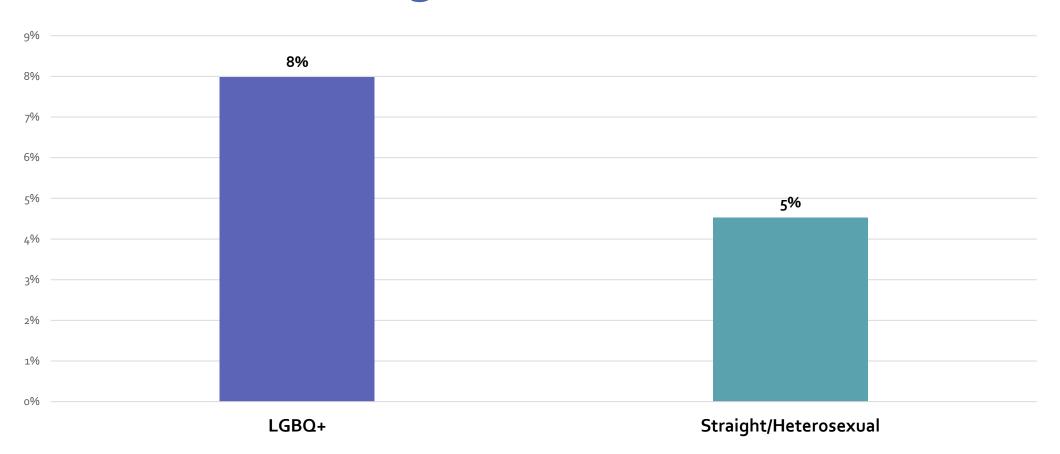
# Community Safety



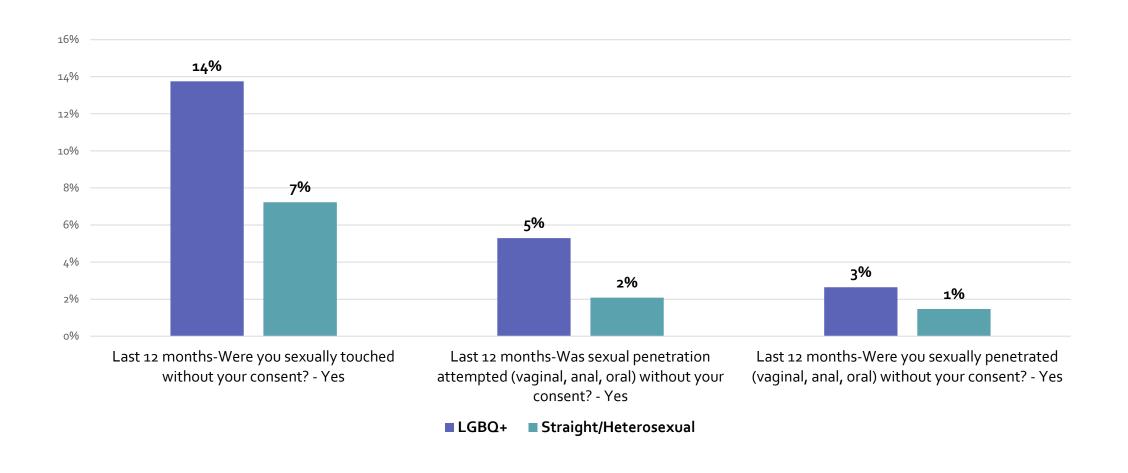
# Last 12 months-Were you verbally threatened?



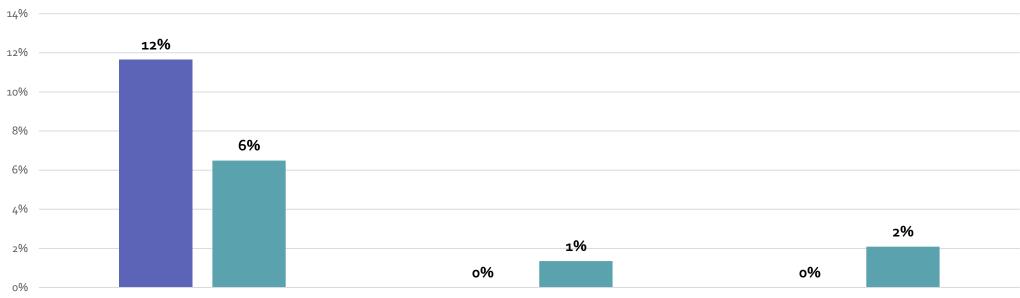
# Stalking: Last 12 months-Were you a victim of stalking?



#### Sexual Assault



# Abusive Relationships

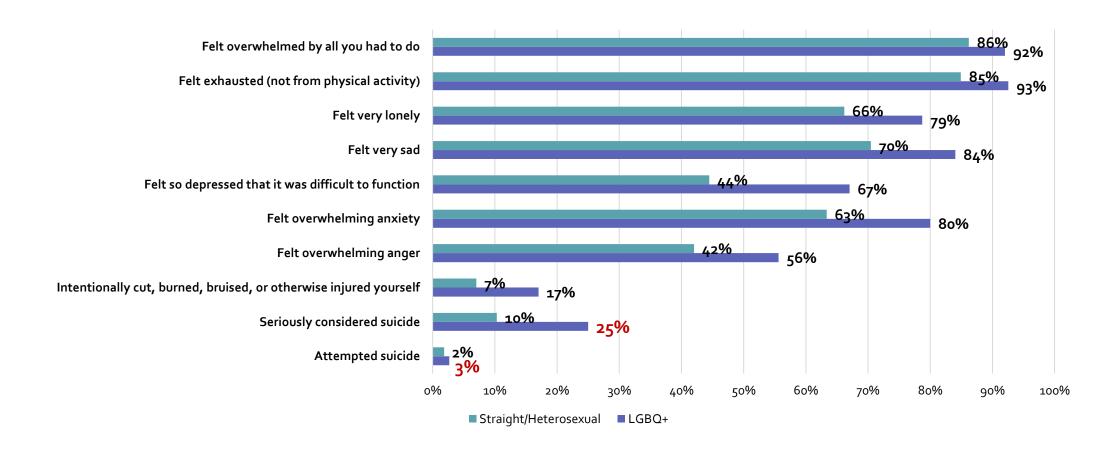


Last 12 months-Emotionally abusive? (e.g., called Last 12 months-Physically abusive? (e.g., kicked, Last 12 months-Sexually abusive? (e.g., forced to derogatory names, yelled at, ridiculed) - Yes slapped, punched) - Yes have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you) - Yes

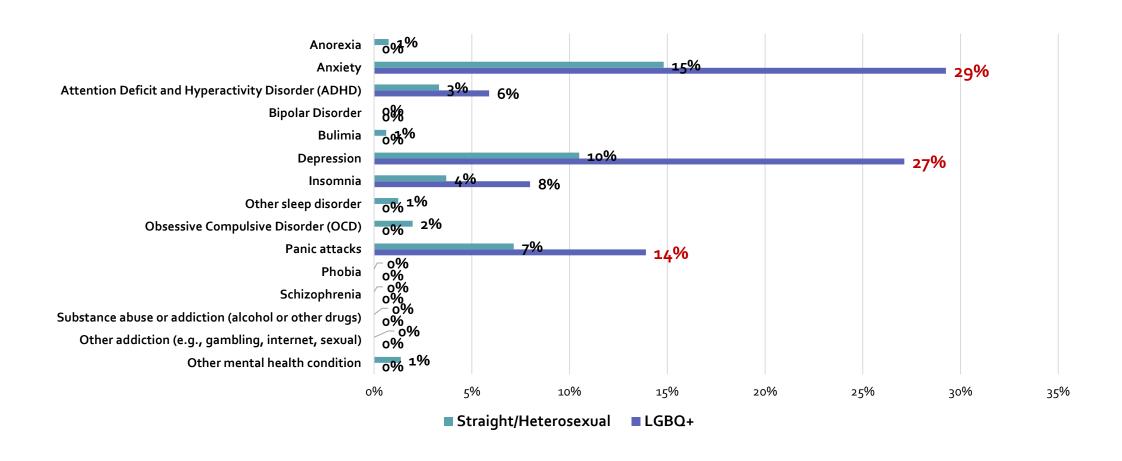
■ LGBQ+ ■ Straight/Heterosexual

# MENTAL ILLNESS

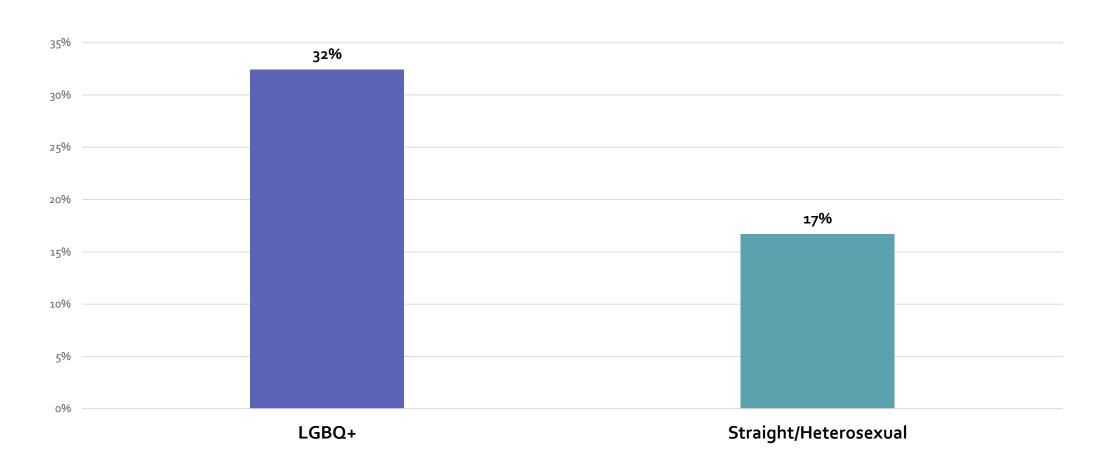
#### Behaviors in the Last 12 Months



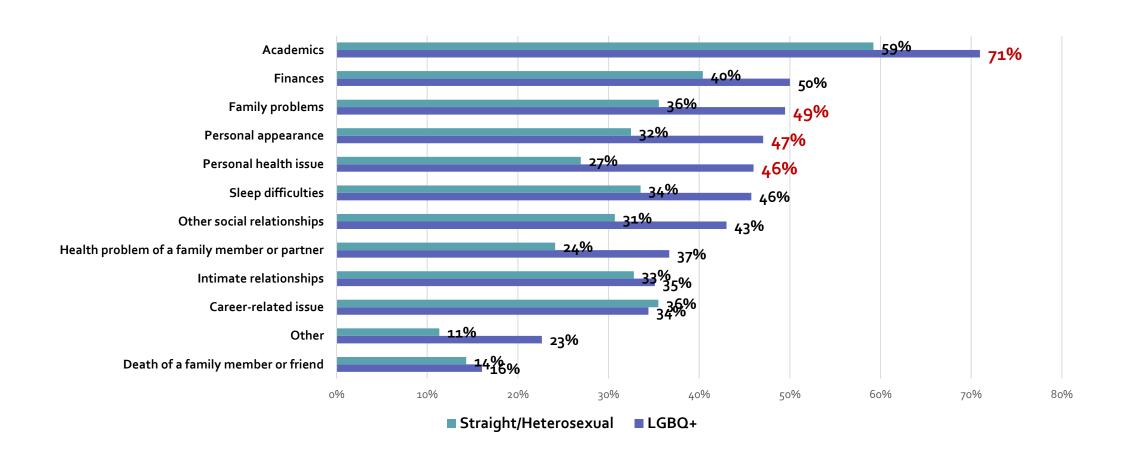
### Diagnosed/Treated in Last 12 Months



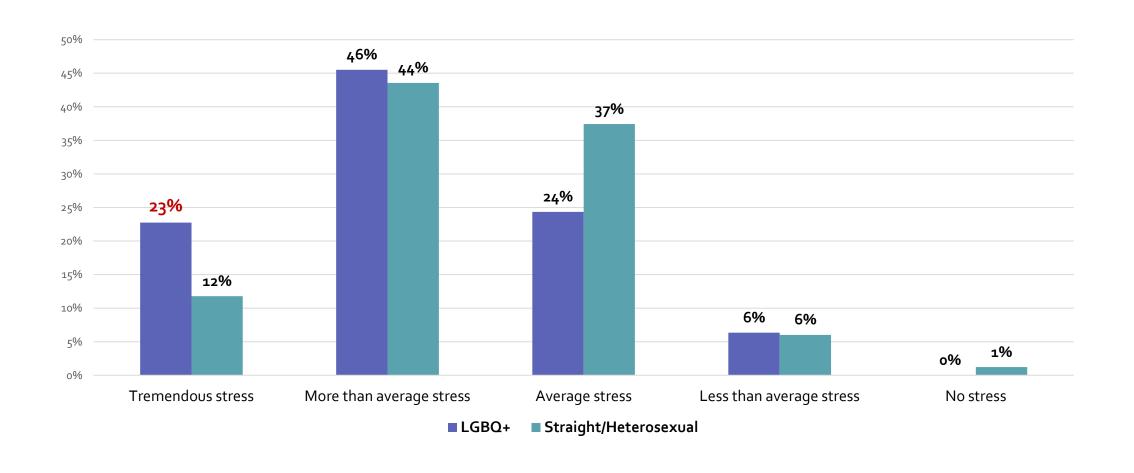
# Depression: Ever Diagnosed



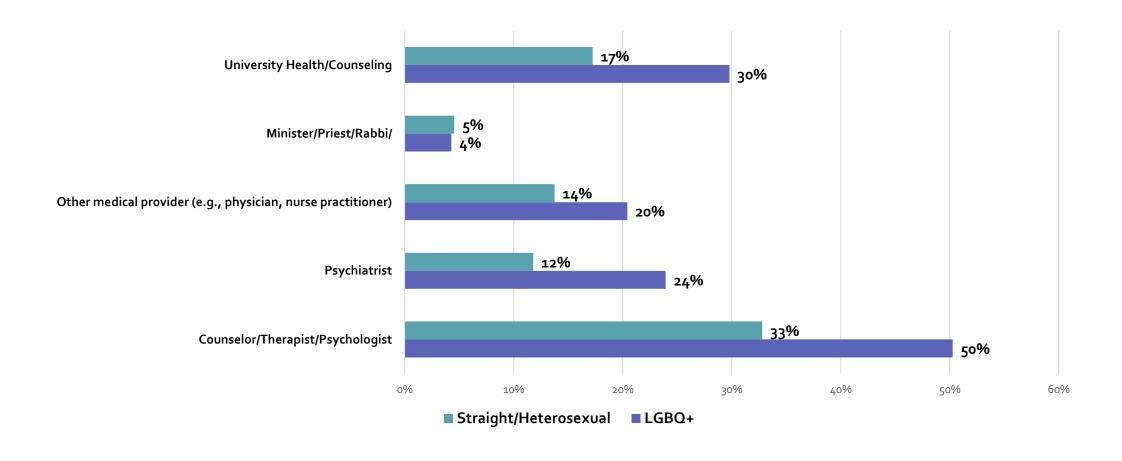
#### Last 12 Months Difficult to Handle



#### Stress in the Last 12 Months

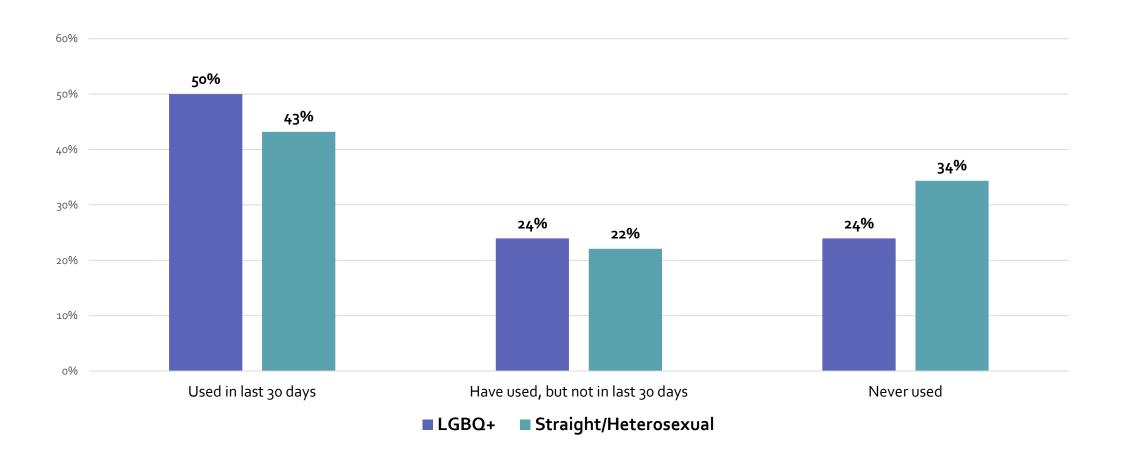


#### Ever Received Mental Health Services

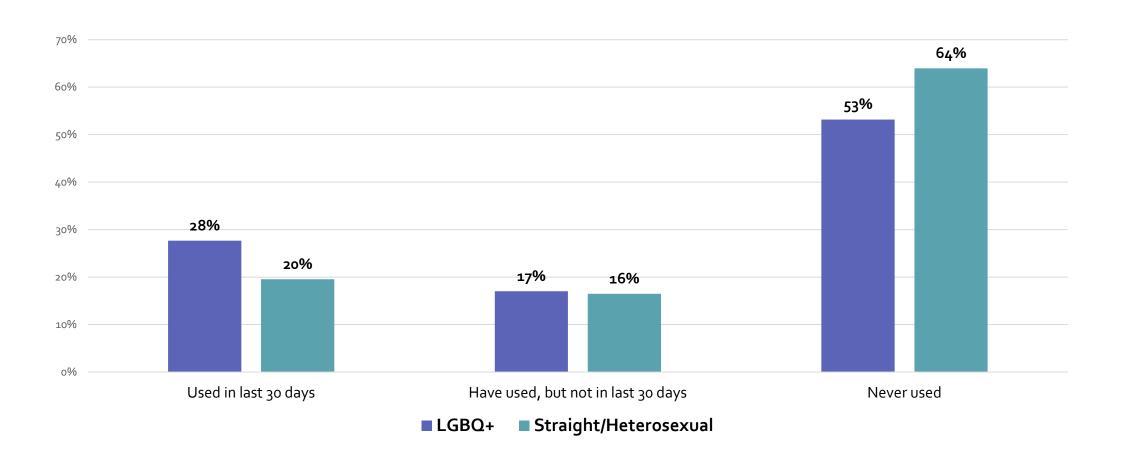


# DRUGS & ALCOHOL

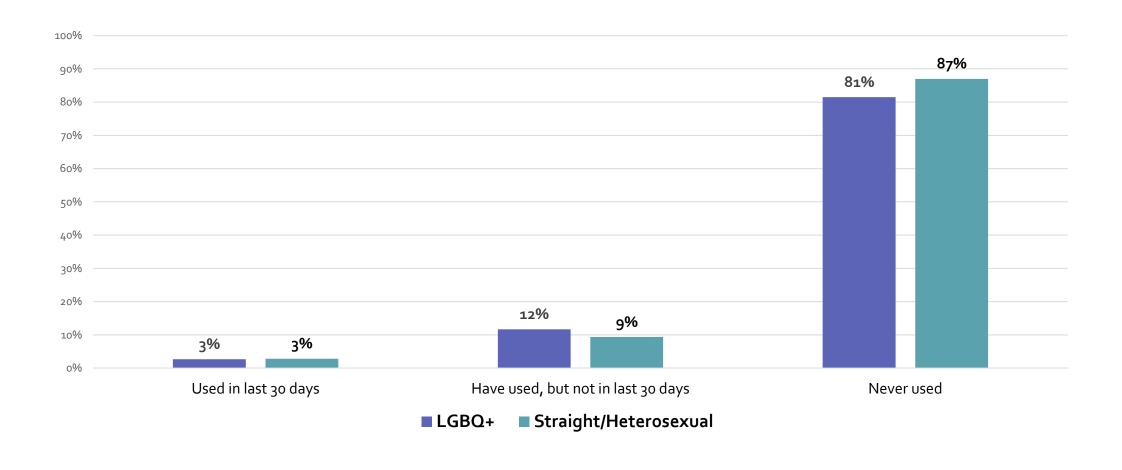
# Alcohol Use in Last 30 Days



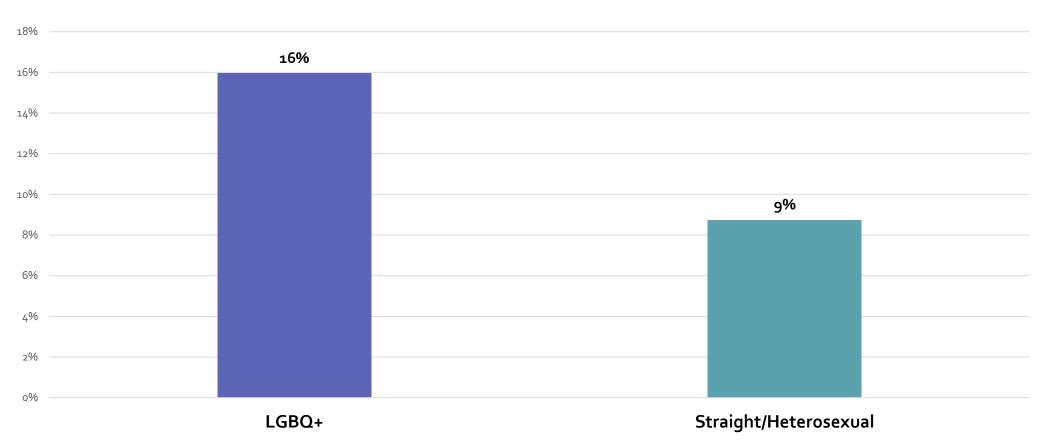
# Marijuana Use in Last 30 Days



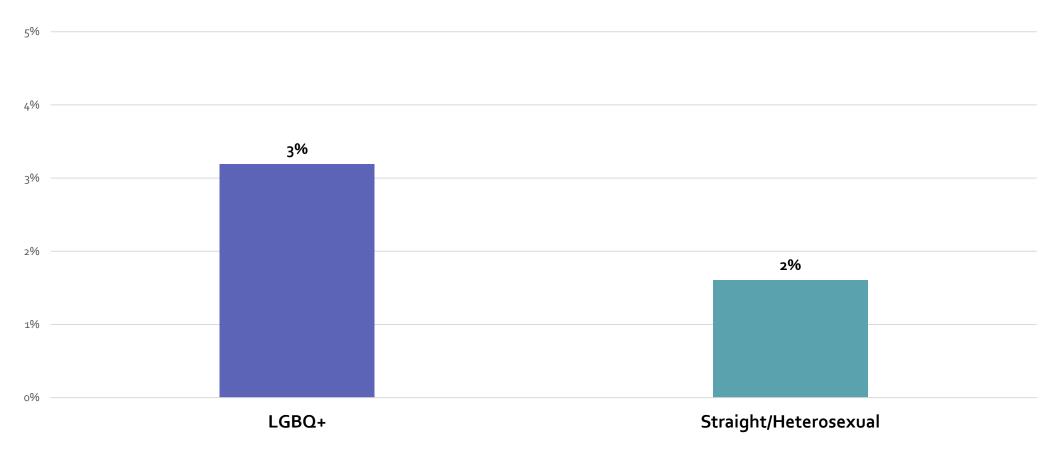
# Cigarette Use in Last 30 Days



# Last 12 months experienced when drinking-Had unprotected sex

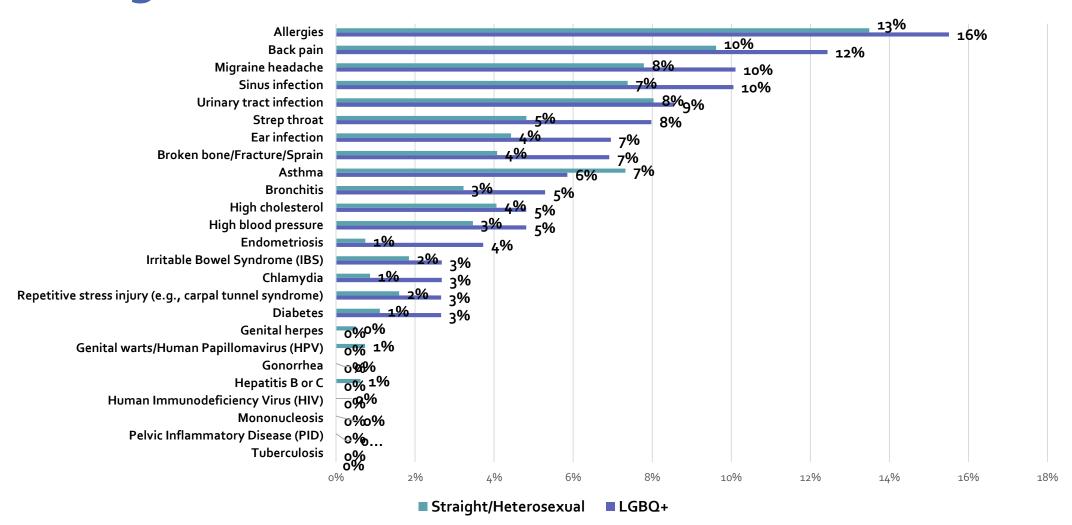


# Last 12 months experienced when drinking-Seriously considered suicide

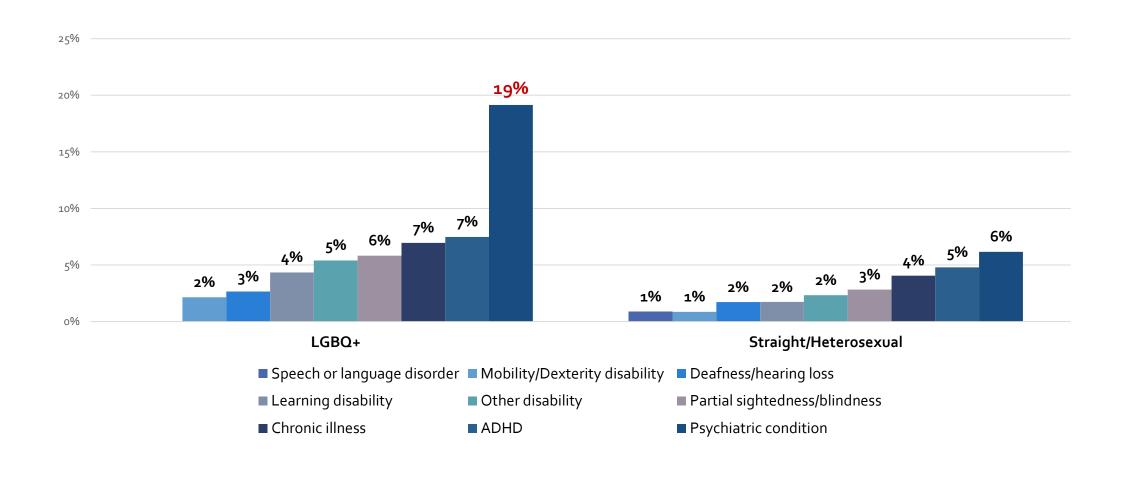


# PHYSICAL HEALTH & SLEEP

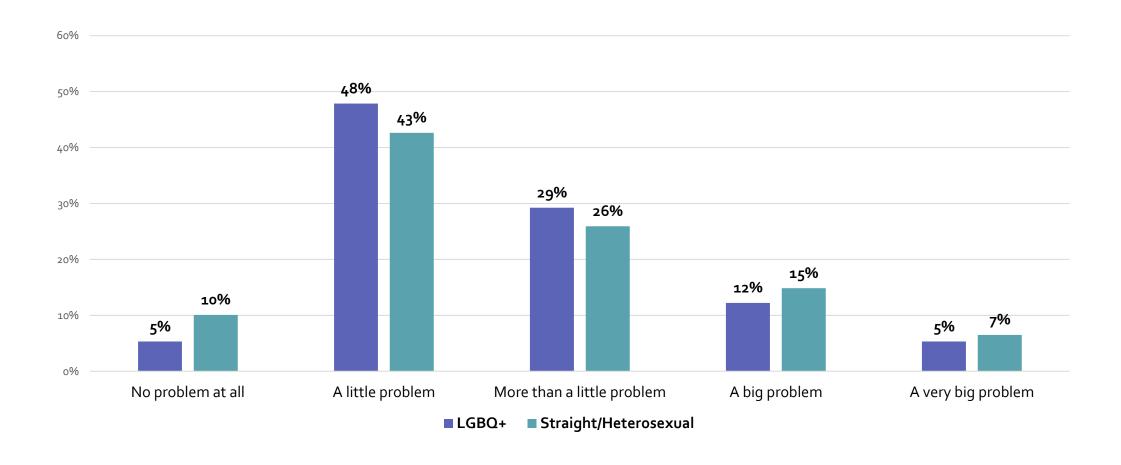
### Diagnosed/Treated in Last 12 Months



#### Disabilities and Medical Conditions



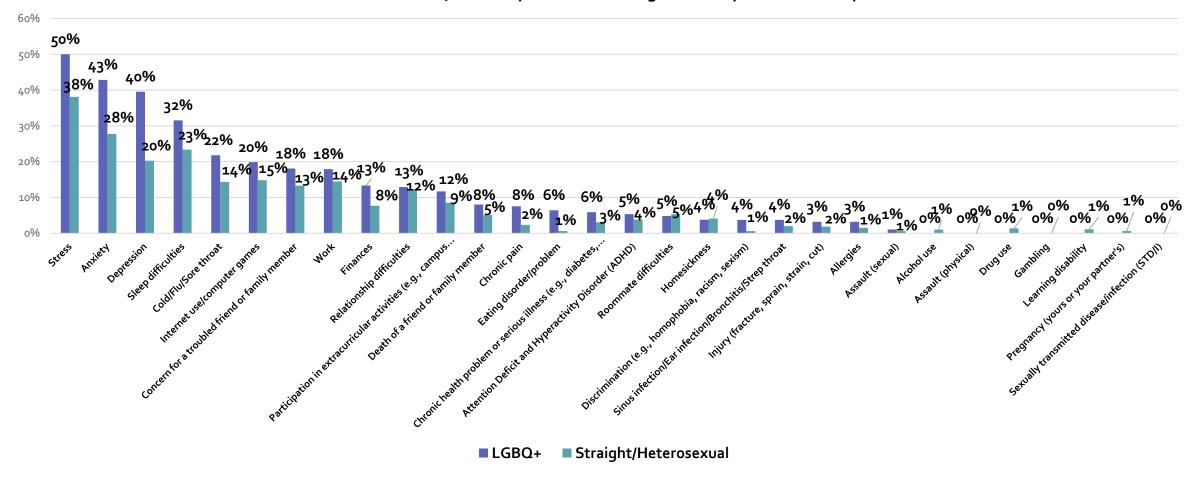
# Sleep



# ACADEMIC PERFORMANCE

#### **Academic Difficulties**

Within the last 12 months, have any of the following affected your academic performance?



#### Conclusion

- LGBQ+ participants reported more negative results than straight/heterosexual participants, on average.
- LGBQ+ participants felt less safe on/around campus and had higher rates of: sexual assault and abusive relationships, mental illness and suicidality, alcohol and marijuana use, physical illnesses, disabilities, and chronic medical conditions.
- Series of life difficulties affected LGBQ+ respondents' academic performance more than straight/heterosexual respondents.
- These findings suggest that UCR LGBQ+ students are marginalized and at high risk of mental and physical illnesses that impact their academic performance and general well-being.