

Recommendations for Immunization and Screening Requirements for California Colleges & Universities



Recommendations of the California Department of Public Health

Recommended Immunization	Doses	Which students should be immunized or immune?*	Existing Requirements by Executive Order	Existing Requirements by State Law
Measles, Mumps and Rubella (MMR)	2 doses on or after 1 st birthday [†]	All incoming students born after 1956.	CSU and UC Systems require 2 doses.	
Varicella (chickenpox)	2 doses on or after 1 st birthday [†]	All incoming students born in U.S. after 1979.	CSU and UC Systems require 2 doses	
Tetanus, Diphtheria, and Pertussis (Tdap)	1 dose on or after the 7th birthday [‡]	All incoming students.	CSU and UC Systems require 1 dose after age 7 years	
Meningococcal Conjugate[§] (Serogroups A, C, Y, & W-135) (MenACWY)	1 dose on or after the 16 th birthday	All incoming students through 21 years of age ^{§¶}	CSU and UC Systems require 1 dose on or after age 16 years and age 21 years or younger	Institutions that provide on-campus housing must inform students about meningococcal disease and vaccine. Public institutions must document receipt of information and whether they choose to be immunized (Health and Safety Code, Sections 120395-120399). ^{**}
Meningococcal Serogroup B Vaccine (optional)[¶]	2-dose series (Bexsero [®]) 2 or 3-dose series (Trumenba [®])	Students 16 through 23 years of age may receive the vaccine series (optional). ^{¶**}		
Hepatitis B^{††}	Full immunization series	First-time enrollees at California State University campuses 18 years of age and younger. All incoming students desiring protection.		First-time enrollees at CSU 18 years of age and younger (Health and Safety Code, Section 120390.5). [†]

* Students in health professions may have additional immunization requirements and fewer exemptions.

† Minimum interval of 4 weeks between doses is valid.

‡ Additional recommendations include: Completion of primary tetanus, diphtheria, pertussis series; Td boosters every 10 years after initial Tdap.

§ ACIP recommends MenACWY routinely at age 11 through 12 years, with a booster dose at age 16 years. First-year college students who live in residential housing are recommended to receive MenACWY if they did not receive a dose on or after their 16th birthday.

¶ Students of any age determined to be at-risk in an institutional outbreak attributable to a meningococcal vaccine serogroup are also recommended to get vaccinated. San Diego State University requires the full series of either Men B vaccine.

** Check with your doctor or health plan about vaccine availability and coverage.

†† Hep B vaccine may be given to students of any age desiring protection. ACHA recommends the Hep B vaccine series for all college students.

Other ACIP Immunization Recommendations:

- **human papillomavirus vaccine** (for all women and men through age 26 years)
- **hepatitis B vaccine** (for students through age 18 years, for any age if desires protection, and for those with risk factors)
- **influenza vaccine (annual)**
- **hepatitis A vaccine** (if student desires protection)
- **poliovirus vaccine** (if did not complete series as a child for persons under age 18 years)
- Vaccines for international travel, based on destination.
- Students with certain medical conditions (e.g., diabetes mellitus) or certain risk factors may need additional immunizations.

Exemptions for Students:

Students may be granted medical exemptions from required immunizations if they can provide a signed statement from a physician documenting either:

- a) the student has a physical condition or medical circumstance that contraindicates vaccination.
- b) other evidence of immunity
 - **MMR:** born before 1957 or positive IgG serology for measles, mumps, and rubella.
 - **Varicella:** born in U.S. before 1980, physician certification of history of chickenpox disease or shingles, or positive varicella IgG (prior disease).

Duration of exemption (permanent or temporary with end date) should be specified.

Tuberculosis (TB) Risk Assessment:

All incoming students should be assessed for their risk of developing TB. Model TB risk assessment questionnaires suitable for adaptation for student acceptance packets, as well as recommendations for evaluation and treatment of students with a positive screening test, are available at <http://www.acha.org> or cdph.ca.gov/tbriskassessment. Students with identified risk factors for TB, such as birth in a country with an elevated TB rate (includes countries other than the United States, Canada, Australia, New Zealand, or Western and North European countries), should have a tuberculin skin test (TST) or Interferon-gamma release blood test (IGRA). IGRA is preferred over TST for non-U.S. born persons.

Documentation:

Using an immunization registry to look up vaccine history or record immunizations administered is highly recommended (see www.cairweb.org for more information). The completed immunization record, exemption documentation, tuberculosis risk questionnaire and any action indicated (e.g., TB test [yes or no]), results of any TB test (e.g., type and date of test and skin test reading (in mm) or IGRA results), and evaluation for active TB should be documented and submitted to school prior to attendance. This information should be maintained in each student's health or academic file in paper or electronic form.

Resources:

Advisory Committee on Immunization Practices (ACIP) recommendations www.bit.do/ACIP.

American College Health Association (ACHA) Guidelines for immunizations www.acha.org.

Additional information regarding these recommendations can be found at www.GetImmunizedCA.org and cdph.ca.gov/tbriskassessment.