

A photograph of a baby being held up by a person's hands, smiling. The baby is wearing a white diaper and is looking up at the camera. The person holding the baby is wearing blue jeans and is standing on a wooden floor. The background is a blurred indoor setting.

It pays to plan ahead

So you have a baby on the way. Congratulations! Chances are you're already dreaming of the day your child will call you "dada" and greet you with a big smile.

Future Moms would like to help make those dreams come true. If the mother of your child is covered by your health plan, ask her to sign up for this voluntary, no-cost program. We'll send a \$30 Babies"R"Us® gift card when she enrolls.

Future Moms is designed to increase her chances of having a well pregnancy, a safe delivery and a healthy child. The sooner she calls **866-664-5404**, the sooner we can help get your baby off to a great start.

And after all, when Mom's feeling good, Dad can breathe a sigh of relief, too. To learn more, log in to ucop.edu/ucgship today.



University of California Student Health Insurance Plan