

## **LOS ANGELES COUNTY**

### **Action Food Pantry**

On-Going Food Distribution

Monday; 4–7 PM & Thursday; 10 AM– 1 PM

17880 E. Covina Blvd., Covina, CA 91722

(626) 319-0554

### **Adelante Hispanic Achievers**

Childcare Services

570 West Ave. 26, Suite 400, Los Angeles, CA 90065

(502) 461-4500 or (323) 224-6510

<https://adelanteky.org/programs/> and [http://davidryu.lacity.org/district\\_4](http://davidryu.lacity.org/district_4)

Information: Wellness Check Location (phone: (502) 461-4500): In this program, you will join a call party in making calls to check older adults who may be food insecure or at risk of eviction.

How it will work: Join other Angelenos on a video meeting, receive training, create a phone bank account, complete 1 hour of calling, follow the provided script, submit any service request forms your call recipients need, come back together with the group to share thoughts and impressions .

Schedule independent 2nd and 3rd call shifts. You must have access to a computer with internet and a phone. Most phone calls will be due 6-8 PM or 1-3 PM. Phone: (323) 224-6510 to contact a staff member directly.

### **The AIDS Food Store**

On-Going Food Distribution

Thursdays; 10-2 PM

1066 Atlantic Avenue, Suite A, Long Beach, CA 90803

(562) 676-4554

shanam.afs@gmail.com

<http://www.aidsfoodstore.org/>

### **AIDS Project**

Food Distribution

May & June

Information: Prepare grocery bags for those living with HIV/AIDS.

### **Alliance Marine - Innovation and Technology 6-12 Complex**

Food Distribution

Monday- Friday; 9 AM-12 PM

11933 Allegheny St., Sun Valley, CA 91352

Information: Will provide services until June 10th.

## **American Red Cross - Blood Donation Centers**

On-going Blood Drives

- **American Red Cross - Pasadena Blood Donation Center**  
133 Altadena Drive Suite 103, Pasadena, CA 91107  
1 (800) 733-2767
- **American Red Cross - Woodland Hills Blood Donation Center**  
6338 Variel Ave., Woodland Hills, CA 91367  
1 (800) 733-2767

## **American Youth Literacy Foundation**

Volunteering Opportunity

Los Angeles, CA

Send resume to [HR@YouthLit.org](mailto:HR@YouthLit.org).

Information: This is an opportunity to help underprivileged children, to help under-served children, to help ALL children displaced from school due to COVID-19, and even to help many adults who can't read. Average of just 12 hours of total use time.

## **Antelope Valley Union High School**

Mental Health Hotline

Monday – Friday; 7:30 AM–12 PM, 12:30–3 PM

44811 Sierra Hwy Lancaster, California 93534

(661) 418-2309

<https://www.avdistrict.org/schools/distance-learning>

Information: Antelope Valley Union High School District is committed to the continued Mental Health Support for all our students. To access Mental Health Support through the district please call the number (indicated) and a School Mental Health Provider will provide assistance.

## **Apostolic Worship Center**

On-Going Food Distribution

Monday, Wednesday, Friday; 9 AM-3 PM

12541 Van Nuys Blvd., Pacoima, CA 91331

(818) 896-3840

## **Asian Community Service Center**

On-Going Food Distribution

Monday-Friday; By appointment only

14112 South Kingsley Drive, Gardena, CA 90249

(310) 217-7300

<https://wdacs.lacounty.gov/center/asian/>

Information: Call between 8 AM and 5 PM Monday-Friday to schedule an appointment.

**Avalos Community Center at Burke-Ham Park**

On-Going Food Distribution

Monday-Friday; 2-3 PM

11832 Atlantic Ave., Lynwood, CA 90272

(310) 886-0404

Information: Supper meals, snacks and juice available for children in the Los Angeles Unified School District to take home.

**AVUHSD Distance Learning Student & Family Resource Center**

On-Going Disability Services

44811 Sierra Hwy Lancaster, California 93534

<https://tinyurl.com/SPED-DL-Student-Family>.

Information: This Google site is designed to provide students with disabilities and their families with resources to support distance learning in all academic areas during school closures.

**Baby2Baby**

Volunteering Opportunity

Monday-Friday; 9-5 PM

5830 W Jefferson Blvd., Los Angeles, CA 90016

(323) 933-2229

marisa@baby2baby.org

<https://baby2baby.org>

Information: Provide low-income families with basic necessities for children by delivering them to shelters, schools, and homes.

**Berendo Middle School**

On-Going Food Distribution

1157 S. Berendo St., Los Angeles, CA 90006

Information: 'Grab and Go' food center in Los Angeles County.

**Bernardi**

Monday-Friday; 8 AM-4 PM

6514 Sylmar Ave., Van Nuys, CA 91401

(916) 651-8848 or (818) 781-1101

<https://locator.lacounty.gov/dcf/Location/3179446/bernardi-multipurpose-center>

**Blessed Sacrament Food Pantry**

On-Going Food Distribution

Saturdays; 8 AM– 12 PM

6657 Sunset Blvd., Hollywood, CA 90028

(323) 874-5577

**Build Plus Community Marketplace**

On-Going Food Distribution

(714) 615-4956

Information: Offering grocery bags with canned food, vegetables, meat, etc.

**Burbank - Main**

Food Distribution Program  
Monday-Friday; 10 AM–12 PM  
2244 N. Buena Vista St., Burbank CA 91504  
(818) 842-9333  
Information: Will provide services until May 24th.

**Butler Initiative**

Volunteering Opportunity  
Wednesdays  
11771 National Blvd., Suite #2, Los Angeles, CA 90064  
hi@butlerinitiative.com  
<http://butlerinitiative.com/contact-form/>

Information: This position may involve any of the following: visiting a local food pantry individually or with a team and collecting the bounty, bringing the food to a central location, weighing the food for documentation purposes, photographing the food for communication purposes, contacting a local directory of participants who depend on who are in need of the food surplus, organizing the food to distribute equal amounts to varying households, and delivering the packaged groceries/food to those who request it. Due to the COVID-19 pandemic, the need for food has peaked and continues to go up as many find themselves with less hours or completely out of the job. This is a good time to join our organization with the hope of making a difference and scaling our ability to serve more.

**CalFresh**

On-Going Financial Assistance Program  
Lancaster, CA 93534  
[CalFresh.com](http://CalFresh.com)

Information: Go to [CalFresh.com](http://CalFresh.com), to see if you are available for EBT. Those who are eligible can get up to \$194 per month, as well as per household member.

**Central City Neighborhood Partners**

On-Going Financial Assistance  
Thursdays; 9 AM-1 PM  
501 S. Bixel Street, Los Angeles, CA 90017  
(213) 482-8618  
[info@laccn.org](mailto:info@laccn.org)

**Centro de Vida International Church Movement**

On-Going Food Distribution  
Wednesdays; 9 AM-12 PM  
9251 Burnet Ave., North Hills, CA 91343  
(818) 892-2838

**City of Lynwood**

On-Going Food Distribution

Monday-Friday; 2-3 PM

(310) 886-0453 & (310) 886-0404

recinfo@lynwood.ca.us

<http://lynwood.ca.us>

Information: Meals for children and youth ages 1-18.

**City of South Gate parks and Recreation Department - Margaret Travis Senior Center**

On-Going Food Distribution

3rd Monday of the month; 1-3 PM

4855 Tweedy Blvd., South Gate, CA 90280

(323) 357-9662

**Comcast**

<https://corporate.comcast.com/covid-19>

Information: Comcast is making Xfinity Network free nationwide, offering unlimited data for free.

**Community Services Unlimited Inc.**

6569 S Vermont Ave., Los Angeles, CA 90044

(213) 746-1216

calfresh@csuinc.org

<http://csuinc.org>

Information: Assistance in submitting CalFresh application

**Critical Delivery Service**

On-Going Food Distribution

Information: Critical Delivery Service is a county-wide program that will self-deliver groceries, household items, and other vital necessities to individuals who are unable to leave their homes due to the pandemic.

**Disaster Distress Helpline**

On-Going Hotline

Lancaster, CA 93534

(800) 985-5990

Information: The Substance Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress Helpline provides crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

## **The Division of Student Health and Human Services and LAUSD**

Hotline

(213) 443-1300

[ask-shhs@lausd.net](mailto:ask-shhs@lausd.net)

Information: The hotline is used when families need information to access housing/emergency shelter, mental and/or physical health support. The hotline operator records the person in contact and is submitted to Student Health and Human Services staff who provide direct support. An email (indicated above) is available for families to reach out and ask more questions about COVID-19 related resources.

## **The Dream Center**

On-Going Food Distribution

2301 Bellevue Ave., Los Angeles, CA 90026

(213) 273-7000

[info@dreamcenter.org](mailto:info@dreamcenter.org)

Information: Free meals available for all Los Angeles Unified School District students. Call or email for hours and availability.

## **Eastmont Community Center**

Monday-Thursday; 9 AM-5 PM & Friday; 9 AM-12 PM

701 S. Hoefner Ave., Los Angeles, CA 90022

(323) 726-7998

Information: Diaper Distribution - required documents: parent ID and Birth Certificate

## **Estrada Courts Community Center**

On-Going Food Distribution

2nd & 4th Wednesday of the month; 8-10 AM

3232 Hunter St., Los Angeles, CA 90023

(323) 641-8943

<https://foodoasis.la/food-pantry/estrada-courts-community-center/>

## **Everytable**

Food Distribution Service

(323) 458-6487

Information: Also deliver meals to seniors.

## **Fenton Charter Leadership Academy**

Food Distribution

Monday-Friday; 11 AM-12:30 PM

8926 Sunland Blvd., Sun Valley, CA 91352

(415) 572-2451

Information: Will provide services until June 30th.

### **Food Support Kits for Los Angeles Seniors**

Volunteering Opportunity

340 N Madison Ave., Los Angeles, CA 90004

(323) 644-2200

path@epath.org

<http://epath.org>

Information: Urgent Needs: cereal, rice, pasta, canned goods, non-perishable snacks, and cleaning supplies. Please keep in mind that for seniors they want food bags.

### **Iglesia Fuente de Vida Community Center**

On-Going Food Distribution

Tuesday & Wednesday; 9-10 AM

11134 Saticoy St., Sun Valley, CA 91352

(818) 765-0705

### **Grab and Go Meals**

On-Going Food Distribution

Monday-Friday; 8-11 AM

- **Banning Senior High School**  
1527 Lakme Ave., Wilmington, CA 90744
- **Bell Senior High School**  
4328 Bell Ave., Bell, CA 90201
- **Belvedere Middle School**  
312 N. Record Ave., Los Angeles, CA 90063
- **Byrd Middle School**  
8501 Arleta Ave., Sun Valley, CA 91352
- **Chatsworth Charter High School**  
10027 Lurline Ave., Chatsworth, CA 91311
- **Columbus Middle School**  
22250 Elkwood St., Canoga Park, CA 91304
- **Curtiss Middle School**  
1254 E. Helmick St., Carson, CA 90746
- **Dana Middle School**  
1501 S. Cabrillo Ave., San Pedro, CA 90731
- **Dymally High School**  
8800 San Pedro St., Los Angeles, CA 90003
- **Eagle Rock High School**  
1750 Yosemite Drive, Los Angeles, CA 90041
- **East Valley Senior High School**  
5525 Vineland Ave., North Hollywood, CA 91601
- **Edison Middle School**  
6500 Hooper Ave. Los Angeles, CA 90001
- **Ellen Ochoa Learning Center**  
5027 Live Oak St., Cudahy, CA 90201

- **Fremont Senior High School**  
7676 S. San Pedro St., Los Angeles, CA 90003
- **Gage Middle School**  
2880 E. Gage Ave., Huntington Park, CA 90253
- **Garfield Senior High School**  
5101 E. 6th St., Los Angeles, CA 90022
- **Gompers Middle School**  
234 E. 112th St., Los Angeles, CA 90061
- **Hollenbeck Middle School**  
2510 E. 6th St., Los Angeles, CA 90023
- **Liechty Middle School**  
650 S. Union Ave., Los Angeles, CA 90017
- **Lincoln Senior High School**  
3501 N. Broadway, Los Angeles, CA 90031
- **Los Angeles Academy Middle School**  
644 56th St., Los Angeles, CA 90011
- **Maclay Middle School**  
12540 Pierce Ave., Pacoima, CA 91331
- **Manual Arts High School**  
4131 S. Vermont Ave., Los Angeles, CA 90037
- **Markham Middle School**  
1650 E. 104th St., Los Angeles, CA 90002
- **Marquez Senior High School**  
6361 Cottage St., Huntington Park, CA 90255
- **Maywood Center for Enriched Studies (MaCES) Magnet**  
5800 King Ave., Maywood, CA 90270
- **Mulholland Middle School**  
17120 Vanowen Ave., Lake Balboa, CA 91406
- **Narbonne Senior High School**  
24300 Western Ave., Harbor City, CA 90710
- **Panorama Senior High School**  
8015 Van Nuys Blvd., Panorama City, CA 91402
- **Peary Middle School**  
1415 W. Gardena Blvd., Gardena, CA 90247
- **Porter Middle School**  
15960 Kingsbury St., Granada Hills, CA 91344
- **Rancho Dominguez Preparatory School**  
4110 Santa Fe Ave., Los Angeles, CA 80910
- **RFK/UCLA Community School**  
700 S. Mariposa Ave., Los Angeles, CA 90005
- **Romer Middle School**  
6501 Laurel Canyon Blvd., North Hollywood, CA 91606
- **San Fernando Senior High School**  
11133 O'Melveny Ave., San Fernando, CA 90140
- **Santee High School**  
1921 Maple Ave., Los Angeles, CA 90011



- **Sepulveda Middle School**  
15330 Plummer St., North Hills, CA 91343
- **Sotomayor Arts/Sciences Magnet**  
2050 N. San Fernando Road, Los Angeles, CA 90065
- **South East Senior High School**  
2720 Tweedy Blvd., South Gate, CA 90280
- **South Gate Senior High School**  
3351 Firestone Blvd., South Gate, CA 90080
- **Sutter Middle School**  
7330 Winnetka Ave., Winnetka, CA 91306
- **Sylmar Charter High School**  
13050 Borden Ave., Sylmar, CA 91342
- **Van Nuys Senior High School**  
6535 Cedric Ave., Van Nuys, CA 91411
- **Verdugo Hills Senior High School**  
10625 Plainview Ave., Tujunga, CA 91042
- **White Middle School**  
22102 S. Figueroa St., Carson, CA 90745
- **Wilson Senior High School**  
4500 Multnomah St., Los Angeles, CA 90032

### **Grab-To-Go Meals**

On-Going Food Distribution

Monday-Friday; Breakfast 11:30am & Lunch 1:00pm

Lancaster, CA

(661) 948-4661

Information: Various school site locations: (Amargosa Creek Elementary, Joshua Elementary, Mariposa Elementary, etc.)

### **Grace Resource Center**

On-Going Food Distribution

Tuesday and Thursday; 10 AM–1 PM

134 Sierra Hwy, Lancaster, CA 93534

(661) 942-4719

Information: Grocery distribution

### **Greater Emmanuel Temple**

On-Going Food Distribution

Tuesday-Friday; 9 AM-12 PM

3740 E. Imperial Highway, Lynwood, CA 90262

(424) 296-0400

[info@greateremmanuel.org](mailto:info@greateremmanuel.org)

<http://www.greateremmanuel.org>

Information: Grocery pick-up and delivery for seniors (65+).

**Hawaiian Gardens Food Bank**

On-Going Food Distribution

Wednesday–Thursday; 9:30-3:30 PM

22121 Norwalk Blvd., Hawaiian Gardens, CA 90716

(562) 425-4001

<http://hawaiiangardensfoodbank.com>

Information: No ID needed

**Henning Youth Center**

On-Going Food Distribution

Monday-Friday; 2-3 PM

1409 Birch St., Lynwood, CA 90262

(310) 886-0453

[http://lynwood.ca.us/recreation\\_community\\_services/youth\\_parks/](http://lynwood.ca.us/recreation_community_services/youth_parks/)

Information: Free supper meals, snacks, and juice for students in Los Angeles Unified School District.

**Iglesia Bautista Renacer**

On-Going Food Distribution

Wednesdays; 4-5 PM

10000 Sepulveda Blvd., Mission Hills, CA 91345

(818) 277-9982

**Iglesia Evangélica Camino de Santidad**

On-Going Food Distribution

Thursday; 6:30-7:30 PM

958 N. Maclay Ave., San Fernando, CA 91340

(818) 898-3848

**ImagineLA**

Volunteer Opportunity / Homeless Resources

<https://action.imaginelas.org/join>

Information: Focuses on homelessness.

**Isana Palmati Academy**

Food Distribution

Monday- Friday; 8 AM-12PM

6501 Laurel Canyon Blvd., North Hollywood, CA 91606

(323) 616-8562

Information: Will provide services until June 30th.

**Jewish Family Service of Los Angeles**

<https://www.jfsla.org/page.aspx?pid=220>

**Joy Community Outreach To End Homelessness**

On-Going Food Distribution

2nd Tuesday of the month; 10:30 AM - 2:30 PM

1938 S. Western Ave, Los Angeles, CA 90018

(323) 939-5808

**Khalsa Care Foundation**

On-Going Food Distribution

Fridays; 6 PM-7 PM

9989 Laurel Canyon Blvd., Pacoima, CA 91331

(805) 4025050

Kipp Schools

Food Distribution

<https://www.kippsocal.org/>

Information: Kipp schools are offering grab and go meal programs at 15 of their locations, mainly in the LA area. Also they provide a list of other available resources for people in the LA area.

**LA County Department of Social Services/CalFresh**

On-Going Financial Assistance

Lancaster, CA 93534

[www.dpss.lacounty.gov/](http://www.dpss.lacounty.gov/)

Information: If you have lost your job, or just need assistance, please apply for CalFresh and other benefits online by visiting the Your Benefits Now (YBN) website and click on the YBN logo to get started.

**Los Angeles Unified School District Students at the Dream Center**

Food Distribution

2301 Bellevue Ave., Los Angeles, CA 90026

## **L.A. Works**

### Volunteering Opportunity

- **L.A. Works - Face Shields for Healthcare Workers**

Volunteer Opportunity

<https://www.laworks.com/opportunity/a0C3I00000hoIEzEAI>

Information: You must provide your own supplies (clear flexible plastic, foam, elastic/ties, stapler, scissor) and be able to mail your masks to the recipients.

- **L.A. Works - Quarantine Kits for LA Homeless**

Volunteer Opportunity

<https://www.laworks.com/opportunity/a0C3I00000hoIAvEAI>

Information: Needed items: hygiene items (toothbrushes, toothpaste, hair brushes, sanitary napkins, adult diapers), unused clothing, socks, backpacks, slippers, isolation activities (books, markers, activity books, puzzles, board games (Jenga, Uno, cards, Scrabble, Dominos, Checkers, Chess, Connect 4), coloring books, crayons, puzzles, puzzle books, adult coloring, books, pencils), drinks, snacks, notes/cards of encouragement

- **L.A. Works Signature Project**

Volunteer Opportunity

<https://www.laworks.com/opportunity/a0C3I00000hoDNAEA2>

Information: Making protective masks.

- **L.A. Works - Welcome Home Kits for PATH Metro Villas**

Volunteer Opportunity

<https://www.laworks.com/opportunity/a0C3I00000hoPocEAE>

Information: Want to help your neighbors experiencing homelessness during COVID-19? Assemble kits for our community's most vulnerable; individuals and families who have/are experiencing homelessness.

Information: L.A. Works is creating virtual volunteer opportunities, as non-essential volunteer opportunities are held on hold. They are offering teleservice opportunities, such as resume building for isolated homebound Angelenos who are unemployed.

## **Linc Housing**

### Volunteering Opportunity

Pomona, CA

(562) 270-5550

abogan@linchousing.org

Information: Volunteer with Linc Housing, where people can be a COVID Care shopper and shop for essential items or groceries for the community.

## **Los Angelitos Bakery**

On-Going Food Distribution

Monday- Friday; 12–2 PM

2881 E Florence Ave., Huntington Park, CA 90255

Information: Free bread to each child, ages 5–13

## Los Angeles County

Food Distribution

(800) 510-2020

Information: Senior/Older Adults: For meals from LA County and City of LA, call the number provided above.

## Los Angeles County

Wellness/Mental Health

[http://file.lacounty.gov/SDSInter/dmh/1071124\\_DevelopHealthyCopingMechanisms.pdf](http://file.lacounty.gov/SDSInter/dmh/1071124_DevelopHealthyCopingMechanisms.pdf)

Information: Finding a healthy coping mechanism during self-isolation.

## Los Angeles County

On-Going COVID-19 Testing Sites (Organized by the county of Los Angeles)

- **AltaMed Medical and Dental Group - Commerce**  
972 Goodrich Blvd., Commerce, CA 90022  
Information: Drive-Thru Testing
- **AltaMed Medical and Dental Group - South Gate**  
8627 Atlantic Ave., South Gate, CA 90280  
Information: Drive-up Testing
- **AltaMed Medical and Dental Group - West Covina**  
1300 S. Sunset Ave., West Covina, CA 91790  
Information: Drive-up Testing
- **Charles R. Drew University Campus**  
1731 E. 120th St. Los Angeles, CA 90059  
Information: Drive-up Testing
- **Glendale Memorial Hospital**  
222 W. Eulalia St., Glendale, CA 91204  
Information: Drive-Thru Testing
- **Hansen Dam Recreational Center**  
11798 Foothill Blvd., Lake View Terrace, CA 91342 (Entrance on Osborne St.)  
Information: Drive-up Testing
- **High Desert Medical Group**  
43839 15th St. West, Lancaster, CA 93534  
Information: Drive-Thru Testing
- **Long Beach City College**  
1305 E. Pacific Coast Hwy., Long Beach, CA 90806  
Information: Drive-up Testing
- **Northridge Hospital Medical Center**  
18460 Roscoe Blvd., Northridge, CA 91325 (enter on Reseda Blvd.)  
Information: Drive-Thru Testing
- **Pomona Fairplex Gate 17**  
1101 W. McKinley Ave., Pomona, CA 91768 (Gate 17 - Fairplex and McKinley)  
Information: Drive-up Testing
- **Santa Clarita - Clarita College of the Canyons**  
26455 Rockwell Canyon Rd., Santa Clarita, CA 91355  
Information: Drive-up Testing

Additional On-Going COVID-19 Testing Sites (In Los Angeles County)

- **Antelope Valley Mall**  
1233 Rancho Vista Blvd., Palmdale, CA 91768
- **Carbon Health - Echo Park**  
2110 Sunset Blvd., Suite M, Los Angeles, CA 90026  
Information: Walk-up Testing
- **Cedars-Sinai Medical Center**  
8730 Alden Dr., Los Angeles, CA 90059  
Information: Drive-Thru Testing
- **Crenshaw Christian Center**  
7901 S. Vermont Ave., Los Angeles, CA 90044  
Information: Drive-Thru Testing
- **East LA College**  
1301 Avenida Cesar Chavez, Monterey Park, CA 91754  
Information: Stadium Parking Lot on the corner of Floral Drive and Bleakwood Avenue (between Floral & Cesar Chavez). Drive-up Testing.
- **Kedren Community Health Center**  
4211 Avalon St., Los Angeles, CA 90011  
Information: Walk-up Only Testing
- **Lincoln Park**  
3501 Valley Blvd., Los Angeles, CA 90095  
Information: Drive-Thru Testing
- **Palmdale Hammack Center**  
815 E. Ave., Q6, Palmdale, CA 92550  
Information: Drive-up testing

OptumServe Testing Sites

- **ChapCare Pasadena**  
1001 Rose Bowl Dr., Pasadena, CA 91103  
Information: Walk-up Testing

<https://covid19.lacounty.gov/testing/>

COVID-19 Testing Site Information: Priority testing is offered for same day or next day testing for residents who are in the highest-risk categories or considered most vulnerable (those 65 and older and/or experiencing underlying health conditions). Tests are free of cost. Tests are by appointment only and advised to arrive at scheduled time of appointment. Most testing sites are drive-up mobile testing sites, unless the test is available at a walk-in clinic.

**Los Angeles County Department of Mental Health Warmline**

Hotline

(855) 952-9276

**Los Angeles Food Bank**

On-Going Food Distribution

<https://www.lafoodbank.org/find-food/pantry-locator/>

Information: Food Pantry locator

## **Los Angeles Unified School District**

### **On-Going Food Distribution Sites**

- Antelope Valley High School ( 44900 Division St., Lancaster, CA 93535)
- Eastside High School (3200 E Ave. J 8, Lancaster, CA 93535)
- Highland High School (39055 25th St. W, Palmdale, CA 93551)
- Lancaster High School (44701 32nd St. W, Lancaster, CA 93536)
- Pete Knight High School (37423 70th St. E, Palmdale, CA 93552)
- Littlerock High School (10833 E Ave. R, Littlerock, CA 93543)
- Quartz Hill High School (6040 W Ave. L, Lancaster, CA 93536)
- Palmdale High School (2137 E Ave. R, Palmdale, CA 93550)

<https://www.first5la.org/parenting/articles/40-lausd-family-resource-centers-20-additional-meal-distribution-sites-to-open/>

Information: Lunch and take-home breakfast will be provided “Drive-Thru” style in the Student-Main parking lot(s) of the schools listed in the Antelope Valley Union High School District. Thursday's pick up will include breakfast and lunch for Friday, as well as breakfast for Monday. Los Angeles Unified School District also has free food for students at 60 ‘Grab and Go’ Food Centers.

## **Los Angeles Unified School District & Red Cross**

### **On-Going Food Distribution**

- **Fairfax High School**  
Monday-Friday; 8-11 AM  
7850 Melrose Ave., Los Angeles, CA 90046
- **Thomas Starr King Middle School**  
Monday-Friday; 8-11 AM  
4201 Fountain Ave., Los Angeles 90029
- **University High School Charter**  
Monday-Friday; 8-11 AM  
11800 Texas Ave., Los Angeles 90025

<https://achieve.lausd.net/resources>

Information: Los Angeles Unified School District and Red Cross will provide nutritious meals to all students who need them during the temporary closure of schools. Each child can take home two nutritious meals.

## **Los Angeles Mental Health Center/ Psychiatric Mobile Response Teams (PMRT)**

### **On-Going Hotline**

(800) 854-7771

## **Luther Burbank Middle School**

### **Food Distribution**

Wednesdays; 9–11 AM

3700 West Jeffries Ave, Burbank, CA 91505

(818) 729-4539

Information: Will provide services until May 27<sup>th</sup>

**(Majority) FEMA-funded program**

On-Going Food Distribution

<https://docs.google.com/forms/d/e/1FAIpQLSfk7M4IopcWl2QqHXJS91kkmlbgieH9JfAXPVs9XXdDeJyFDQ/viewform>

Information: LA County Emergency meal program. This program will assist older adults and other eligible individuals who are socially isolated and unable to cook their own meals. The eligibility requirements are listed in the given link.

**Meals for Seniors**

On-Going Food Distribution

(213) 263-5226

<https://aging.lacity.org/seniormeals>

Information: For people over 60 years of age who are in need of home-delivered meals.

**Meals on Wheels West**

Volunteering Opportunity

<http://www.MealsonWheelsWest.org>

Information: Meals on wheels provides meals for people who are struggling with illness, accident injuries, or immobility. This service assists seniors and families with health-based concerns. The age minimum for participating in this organization is 18.

**Mend**

On-Going Food Distribution

Tuesdays & Fridays; 9 AM-11 AM

10641 N. San Fernando Rd., Pacoima, CA 91331

(818) 897-2443

<https://mendpoverty.org/>

**MFP-Central Lutheran Church**

On-Going Food Distribution

2nd & 4th Monday of the month; 1-3 PM

6425 Tyrone Ave., Van Nuys, CA 91401

(818) 785-5414

**Mid Valley Family YMCA**

Food Distribution

Monday- Friday; 11 AM-12 PM

6901 Lennox Ave., Van Nuys, CA 91405

(818) 989-3800

Information: Will provide services until May 1st.



**Monte Sion Center**

On-Going Food Distribution

Wednesdays; 10 AM-2 PM & Fridays; 8 AM-12 PM

4405 East Olympic Blvd., Los Angeles, CA 90023

(323) 974-2856

<http://montesioncenter.org/index.htm>

**Mudtown Farmers Market**

On-Going Food Distribution

1st & 3rd Wednesday of the month; 12-2 PM

10950 S Central Ave., Los Angeles, CA 90059

(323) 357-6262

<https://www.facebook.com/photo.php?fbid=10158298488858469&set=a.390176178468&type=3&theater>

Information: Free produce distributed. Two bags maximum.

**National Suicide Prevention Lifeline**

On-Going Hotline

Lancaster, CA 93534

(800) 273-8255

Information: The National Suicide Prevention Lifeline connects you with the crisis center closest to your location. Your call will be answered confidentially by a trained crisis worker who will listen empathetically, work to ensure that you feel safe, and help identify options and information about mental health services in your area.

**Neighbors Care**

Volunteering Opportunity

111 S Lucas Ave., Los Angeles, CA 90026

<https://www.linchousing.org/volunteer>

Information: COVID-19 shopper volunteer needed

**New Horizons Charter Academy**

Food Distribution

Monday-Friday; 10 AM-12 PM

5955 Lankershim Blvd., North Hollywood, CA 91601

(818) 655-9602

Information: Will provide services until June 30th.

**North Hollywood Food Bank**

Volunteer Opportunity / Food Distribution

<https://www.laworks.com/opportunity/a0C3I00000hoeWmEAI>

Information: Pre-bag groceries for pantry distribution in Los Angeles. Many dates and times available. Help pack groceries, goods, etc. for health clients.

**North Hollywood Interfaith Food Pantry**

On-Going Food Distribution

Monday-Friday; 7:30-11:00 AM

4390 Colfax Ave., Studio City, CA 91604

(818) 760-3575

<https://nhifp.org/>

**North Valley Caring Services**

On-Going Food Distribution

Thursday & Friday; 10 AM-1 PM

15453 Rayen St., North Hills, CA 91343

(818) 891-0481

**Our Lady of the Holy Rosary**

On-Going Food Distribution

Monday- Friday; 9-11 AM

7802 Vineland Ave., Sun Valley, CA 91352

(213) 637-7915

**Palmdale Community Foundation**

On-Going Food Distribution

Monday-Thursday; 8 AM-5 PM

1012 East Avenue Q-12, Palmdale, CA 93550

(661) 267-5191

Information: Must present proof of income, proof of address, and valid identification.

<https://www.cityofpalmdale.org/DocumentCenter/View/1084/SAVES-Brochure-English-PDF>

**Pan Pacific Senior Activity Center**

141 S. Gardner St., Los Angeles, CA 90036

(323) 935-5705

**Paramount Care Foundation**

On-Going Food Distribution

Fridays; 8:30-10 AM

8206 Alondra Blvd., Paramount, CA 90723

(562) 531-6820

**PATH (People Assisting the Homeless)**

Volunteering Opportunity

<http://epath.org>

Information: Volunteering opportunity available until August 31, 2020. In need of non-perishable food donations. The food support bags can be assembled in cardboard boxes or reusable grocery bags. These kits will be distributed directly to those in need. Urgent need foods are cereals, rice, pasta, canned goods, non-perishable snacks, and cleaning supplies. It is encouraged to get creative with these kits, such as handwriting notes.

**The Peer-Run Warm Line**

On-Going Hotline  
Lancaster, CA 93534  
1-855-845-7415

Information: A non-emergency resource for anyone in California seeking emotional support. They provide assistance via phone and webchat on a nondiscriminatory basis to anyone in need. Some concerns callers share are challenges with interpersonal relationships, anxiety, panic, depression, finance, and alcohol and drug use.

**Penny Lane Centers**

On-Going COVID-19 Care for Families and Children  
Tuesday-Friday; 1–7 PM & Saturday 8 AM–8 PM  
5628 E. Slauson Ave., Commerce, CA 90040  
(323) 353-6118

<https://www.pennylane.org/pennylane/covid19-community-assistance/>

Information: Showers, meals, clothing, computer/internet access, laundry services, etc.

**Pomona First Baptist Church**

Food Distribution  
3rd Saturday of the month; 4 PM  
Information: ID Required

**Providence Blood Donor Center**

On-Going Blood Drive Program  
501 South Buena Vista St., Burbank CA 91505  
1 (800) 469-9555

**Redbird**

On-Going Food Distribution  
<https://www.exploretock.com/redbirdla/>  
Information: Prepay and order a family-style meal.

**Red Cross**

On-Going Blood Drive  
[https://www.redcrossblood.org/give.html/find-drive?scode=RSG00000E017&cid=brand&med=cpc&source=google&gclid=EAIaIQobChMItaTbn6Cx6QIVBoeGCh3HBg0-EAAYASAAEgIJnfD\\_BwE&gclidsrc=aw.ds](https://www.redcrossblood.org/give.html/find-drive?scode=RSG00000E017&cid=brand&med=cpc&source=google&gclid=EAIaIQobChMItaTbn6Cx6QIVBoeGCh3HBg0-EAAYASAAEgIJnfD_BwE&gclidsrc=aw.ds)  
Information: Must make an appointment to donate

**Resting Place Church**

On-Going Food Distribution  
Wednesdays; 10 AM-12 PM  
10803 Cantara St., Sun Valley, CA 91352  
(818) 588-1024

**Rock of the Valley**

On-Going Food Distribution

Tuesdays; 4-5 PM

7722 Kester Ave., Van Nuys, CA 91405

(818) 781-4156

<https://valleyfoodbank.org/>

Information: Drive-up food services

**Saint Charles Service Center**

On-Going Food Distribution

Tuesday - Thursday; 9 AM-12 PM

10825 Moorpark St., North Hollywood, CA 91602

(818) 985-7365

**Saint Francis Center**

On-Going Food Distribution

Monday - Friday; 7:30 - 9:30 AM

1835 S. Hope St., Los Angeles, CA 90015

Information: Hot breakfast

**Saint Mary's Place**

On-Going Food Distribution

Saturdays; 10 AM

7215 Newlin Ave., Whittier, CA 90602

(562) 698-0107

Information: Free meals for all. No ID required.

**Saint Patrick Elementary**

On-Going Food Distribution

Monday- Friday; 9-11 AM

6635 Tobias Ave., Van Nuys, CA 91405

(213) 637-7915

**Salvation Army Corps**

Food Distribution

Information: Various locations (San Fernando Valley, Hollywood, Burbank)

### **Salvation Army Corps Community Center - Bellflower**

9644 Cedar St., Bellflower, CA 90706

(562) 804-0808

- On-Going Diaper Distribution Program  
Monday-Friday; 9 AM–12 PM & 1–4 PM  
Information: Required documents: Parent ID and Birth Certificate
- On-Going Electric Service Payment Assistance (Financial Assistance Program)  
Monday-Friday; 9 AM–3 PM
- On-Going Gas Service Payment Assistance (Financial Assistance Program)  
Monday-Wednesday; 9 AM–12 PM & 1– 4 PM
- On-Going Homeless Resources Program  
Monday-Friday; 9 AM–2 PM

### **Salvation Army - Southeast Community Corps**

On-Going Diaper Distribution Program

Wednesday & Friday; After 2:00 pm

2965 E. Gage Avenue, Huntington Park, CA 90255

(323) 587-4221

Information: Required documents (Parent ID and Birth Certificate)

### **San Gabriel Valley Service Center**

On-Going Food Distribution

Monday-Friday; Only by appointment

1441 Santa Anita Ave., South El Monte, CA 91733

(310) 603-7401

Information: Call between 8 AM-5 PM to schedule an appointment.

[https://wdacs.lacounty.gov/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program\\_SGVSC.pdf](https://wdacs.lacounty.gov/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program_SGVSC.pdf)

### **San Miguel Church**

On-Going Food Distribution

Every 3rd Saturday of the month; 8-9:30 AM

2214 E. 108th St., Los Angeles, CA 90059

(323) 569-5951

Information: Must provide proof of income and proof of residence between 92nd-124th and Wilmington & Alameda.

### **School District Food Services**

On-Going Food Distribution

Monday–Friday, 10:30 AM-12:30 PM

- Antelope Valley High School  
44900 Division St, Lancaster, CA 93535
- Eastside High School  
3200 E Ave J 8, Lancaster, CA 93535
- Highland High School  
39055 25th St W, Palmdale, CA 93551

- Lancaster High School  
44701 32nd St W, Lancaster, CA 93536
- Pete Knight High School  
37423 70th St E, Palmdale, CA 93552
- Littlerock High School  
10833 E Avenue R, Littlerock, CA 93543
- Quartz Hill High School  
6040 W Ave L, Lancaster, CA 93536
- Palmdale High School  
2137 E Ave R, Palmdale, CA 93550

Information: Lunch and take-home breakfast will be provided “Drive-Thru” style in the Student-Main parking lot(s) of the schools listed in the Antelope Valley Union High School District. Thursday's pick up will include breakfast and lunch for Friday, as well as breakfast for Monday.

### **Shepherd's Pantry - Irwindale**

Volunteering Opportunity

Saturdays; 8 AM–12 PM

1418 Arrow Hwy, Irwindale, CA 91706

<https://www.shepherdsparntry.com/locations-services/irwindale/>

Information: Volunteer in a food pantry on Saturday's, with Shepherd's Pantry Irwindale, where food is bought and donated to the homeless.

### **Sherman Oaks East Valley Adult Center**

Monday-Friday; 8:30 AM-4 PM

5056 Van Nuys, Sherman Oaks, CA 91403

(818) 386-9674

shermanoakseastvalley.adultcenter@lacity.org

<https://www.laparks.org/scc/sherman-oakseast-valley-adult>

### **Shields for Families**

On-Going Food Distribution

Thursdays; 10 AM-2 PM

11705 Deputy Yamamoto Place, Lynwood, CA 90262

(323) 242-5000

Information: Free grocery bags-to-go.

**Skid Row Housing Trust**

Volunteering Opportunity

1317 E. 7th St., Los Angeles, CA 90021

(213) 683-0522

info@skidrow.org

<http://skidrow.org>

Information: Volunteering opportunity available until August 9, 2020. This volunteer opportunity supplies frontline workers and residents with face coverings to slow the spread of COVID-19 and other illnesses. The roles and responsibilities include utilizing the CDC guidelines for face covering and has to be able to sew. They are accepting face coverings made from new materials too. There are members of their staff that will reach out to you to go over the details of how many masks you can make and how to safely connect for pick-up, drop-off, or shipment. You must be 18 years or older.

**SOVA**

On-Going Food Distribution

8846 West Pico Blvd., Los Angeles, CA 90035

(818) 988-7682

<https://www.jfsla.org/SOVA>**SOVA – Community Food and Resource Program**

On-Going Food Distribution

Monday-Wednesday &amp; Friday; 10 AM–1:30 PM

16439 Vanowen St., Van Nuys, CA 91406

(818) 988-7682

**Sowing Seeds for Life**

On-Going Food Distribution

2nd Tuesday of the month; 11 AM-1 PM

1100 N. Grand Ave., Walnut, CA 91789

(909) 293-7736

**Spectrum**<https://www.spectrum.net/support/internet/coronavirus-covid-19-educational-internet-offer>

Information: Free internet for students

**Street to Home HOPICS**

Homeless Resources

10 AM-4 PM

<https://www.laworks.com/opportunity/a0C3l00000h0ftFEAQ>

Information: 5/4/2020 through 5/8/2020. Unpack boxes and build dressers for families.

**Together We Rise**

Homeless Resources

(714) 784-6760

info@togetherwerise.org

<https://www.togetherwerise.org/help-displaced-students/>

Information: Support for foster youth who are housing insecure due to dorms closing down

**Trevor Project Lifeline**

On-Going Hotline

Lancaster, CA 93534

(800) 488-7386

Text START to 678678

Information: TrevorLifeline provides support to LGBTQ youth and allies in crisis or in need of a safe and judgment-free place to talk.

**Twin Lakes Community Church**

On-Going Food Distribution

Monday-Friday; 10 AM-12:30 PM

17213 Lake Los Angeles Ave., Palmdale, CA 93591

(661) 264-1215

[info@twinlakesfoodbank.org](mailto:info@twinlakesfoodbank.org)

<https://www.twinlakesfoodbank.org/covid-19/>

**UCLA Blood and Platelet Center**

On-Going Blood Drive

1045 Gayley Ave., Los Angeles, CA 90024

1 (310) 825-0888

**United American Indian Involvement Inc.**

On-Going Food Distribution

1125 W. 6th., Ste 103, Los Angeles, CA 90017

(213) 202-3970

Information: By appointment

**The U.S. Small Business Administration (SBA)**

Financial Assistance

(800) 659-2955

disastercustomerservice@sba.gov

<https://disasterloan.sba.gov/ela>

Information: SBA is offering low-interest federal disaster loans for working capital to California small businesses suffering substantial economic injury as a result of COVID-19. Using SBA's website, applicants may apply online, receive additional disaster assistance information, and download applications.



**Valley Crossroads S.D.A. Church**

On-Going Food Distribution

2nd & 4th Saturday of the month; 2 PM-3:30 PM

11350 Glenoaks Blvd., Pacoima, CA 91331

(818) 896-4488

**VIC- Valley InterCommunity Council**

On-Going Food Distribution

13300 Victory Blvd. #354, Van Nuys, CA 91401

(818) 880- 4842

<https://www.vic-la.org/>

Information: Home-delivered meals for those 60+

**Village Family Services**

Housing Resources

6736 Laurel Canyon Blvd #200, North Hollywood, CA 91606

(818) 755-8786

<https://www.thevillagefs.org/>

Information: Drop-in center

**Walnut Valley Food Bank**

Food Distribution

21217 Washington Ave. Spc 37, Walnut, CA 91789

(909) 594-3663

**Westside Food Bank**

On- Going Food Distribution

Monday-Thursday; 7 AM-2 PM

1710 22nd St., Santa Monica, CA 90404

(310) 828-6016

**West Side Food Bank – Salvation Army**

On-Going Food Distribution

Monday-Thursday; 1–3 PM & Friday; 9 AM–12 PM

324 E. Queen Street, Inglewood, CA 90301

(310) 677-3375

[http://www.westsidefoodbankca.org/index.php?option=com\\_content&task=view&id=70&Itemid=94](http://www.westsidefoodbankca.org/index.php?option=com_content&task=view&id=70&Itemid=94)

Information: Please call before coming in.

**Westside Pacific Villages**

Volunteering Opportunity

Monday, Wednesday, & Friday; 10 AM-1 PM

8939 S. Sepulveda Blvd. Suite 326, Los Angeles, CA 90045

(310) 695-7030

info@thewpv.org

<https://thewpv.org/volunteer-application-form/>

Information: Volunteer to be a phone-caller to help people stay connected, provide social support, and a sense of companionship during this time of increased social isolation and distancing. As volunteers, we will need to help arrange meal delivery, groceries, medications, and other care packages.

**The Workforce Development Aging and Community Services**

On-Going Food Distribution

<https://wdacs.lacounty.gov/covid-19/>

Information: The Workforce Development Aging and Community Services' provide adults critically-needed meals, and distribute packaged and frozen meals for older adults at specific meal sites. Older adults 65 and older must send a family member, friend or caregiver who is under the age of 65 to pick-up meals at these sites. WDACS has launched a free pick-up and delivery program for older adults and individuals with disabilities.